

# 2023

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## **Rivers Crouch & Roach Harbour Guide**

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& Useful Advice for River Users**





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*Photograph courtesy of Roger Mant*

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# Welcome to the Crouch Harbour Authority



*Photograph courtesy of Roger Mant*

**This Port Guide has been developed with the approval of the Crouch Harbour Authority (CHA) Members who are the duty holders of the governance of the harbour and its aim is to provide information on the Authority, local facilities and to offer some basic guidance for recreational and leisure sailors during their stay.**

The CHA is an independent statutory Authority; it has all the traditional powers of a harbour and navigational authority including the right to make byelaws (Crouch Harbour Byelaws 1978 as amended) to mark and buoy channels, to organise pilotage and to manage navigational activities within its district.

Significant parts of the riverbed of the River Crouch and some smaller parts of the River Roach are under CHA ownership, the remainder largely belongs to The Crown Estate with smaller sections owned under freehold tenure.

Being a Trust Port, all administration and management of resources has to be funded by revenue received from Harbour Dues and commercial vessel's disbursements etc.

The primary objective of the Authority, which is always realised more effectively by working together with all our river users is to make its waters a safe and enjoyable place for all groups of marine operators. In trying to achieve this the CHA follows the principles of safety as laid out in the MCA Port Marine Safety Code, the foremost aim being to minimise incidents and accidents whilst balancing the needs of commercial and recreational users of the harbour.

CHA waters entertain a wide and extensive number of marine pursuits and activities. The Commercial Wharf (Baltic Wharf) continues to be

busy importing steel and timber cargo and our extensive number of Yacht Clubs and Boatyards are once again full and busy following the uncertainties of the past 18 months. The welcome return of the weekly (Wednesday evening) yacht and dinghy racing event always provides an attractive spectacle in and around the Burnham area.

The seawalls offer attractive and picturesque walks for both the serious hikers and those just out for a gentle stroll.

More individual and diverse pursuits such as kayaking, canoeing, sail/paddle boarding and a huge uptake in those participating in wild swimming are all rapidly growing in popularity.

Burnham-on-Crouch facilities include numerous Bars, Restaurants, Supermarkets, Post Office and a Railway Station with easy connection to the main-line to London.

A seasonal foot ferry (bicycles also welcome) operates from Burnham Yacht Harbour and proved a useful link to both the RSPB Bird Sanctuary at Wallasea Island and Essex Marina where boat trips can be taken to view the seals.

The Harbour Office which is staffed by a small dedicated and friendly team is based at:  
The Quay, Burnham on Crouch, Essex, CM0 8AS.  
Telephone No 01621 783602  
Email: [info@crouchharbour.org.uk](mailto:info@crouchharbour.org.uk)  
Further information can be obtained by visiting the CHA Website [www.crouchharbour.uk](http://www.crouchharbour.uk)

**Disclaimer:** Information found within this Guide has been put together for guidance only. All charts printed within this Guide are for reference purposes only and NOT to be used for navigation. Whilst every effort has been made to ensure accuracy of information, the Crouch Harbour Authority accepts no responsibility for printing errors.

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# Navigational Guidance/General Information and Safety Hints



Annual Buoy Maintenance

**The Rivers Crouch and Roach are rich with history of leisure sailing and are well known for the conservation and wildlife that thrives within them. The Crouch Harbour Authority's overall objective is to encourage the safe and supportable use of the Rivers maintaining safety of navigation for both commercial and recreational craft.**

## CHANNEL MARKS

All navigational marks within the Crouch Harbour Authority (CHA) district conform to IALA Region 'A' System of Buoyage and are positioned as shown in the latest editions of Admiralty Chart 3675 and Imray Laurie Y17, The Rivers Colne, Blackwater, Crouch and Roach.

## LOCAL NOTICES TO MARINERS

Local Notices to Mariners are issued by the Harbour Master on a regular basis to inform mariners of any changes to charted information and of any works or operations taking place. NTM are distributed to marine operators and leisure users by email. They can also be obtained via the CHA website or by contacting the Harbour Office.

## FOULNESS ISLAND



Foulness Island

Potton Island

Rushley Island

All of Foulness Island and also the smaller adjacent Potton Island and Rushley Island are owned by the Ministry of Defence and managed by their contractors QinetiQ. The area is used for defence research and testing munitions. Access to this area is restricted and yachtsmen should not land on the island.

## FOULNESS AND MAPLIN SANDS FIRING RANGES

All of the Maplin and Foulness Sands area is designated as a Ministry of Defence Firing Range. Firing batteries are situated along the eastern shore of Foulness Island. The range also extends into the southern edge of the Whitaker Channel. When **RED FLAGS** are flying entry into the area is prohibited.

A range safety vessel may be operating in the approaches to the R Crouch and vessels should obey its directions, the vessel can be contacted on VHF channel 16 and 72.

For further information contact Range Control 01702 383211 – [www.shoeburyness.qinetiq.com](http://www.shoeburyness.qinetiq.com)

## HAVENGORE PASSAGE

Passage inside Foulness Island and via the Havengore Lifting Bridge saves 14.0 nm in distance between Burnham, Thames and Medway as compared with passage via Whitaker Channel. It should only be attempted in settled and clear conditions by vessels of light draught and with a reliable echo-sounder. Havengore Creek dries at low water, therefore only shallow boats should attempt this passage, aiming to cross the Maplin Sands at or close to HW.

## RAYSAND CHANNEL

The Raysand Channel reduces distance to destinations in the R. Blackwater and R. Colne by approximately 5.6nm.

It is an important short cut for small craft across the neck of the Buxey Sand and avoids the additional miles to the Spitway Channel. However the Raysand swatch itself dries out to about 1.5m height at LAT.

Vessels should **exercise extreme caution** especially on a falling tide and ensure they have undertaken a robust passage plan if expecting to use this route.

# Essex marina



**Essex Marina** is located N 51° 37.34' E 0° 47.85' on the River Crouch, an area of outstanding natural beauty. Essex Marina boasts 500 deep water moorings, including swinging moorings all with access to the sea at all states of the tide. Located just 7 miles from Southend and less than an hours drive from London, Essex Marina attracts customers from all over the South East and is home to Boats.co.uk.

The Wardroom River Café and Bar opened in April 2021 serving delicious home cooked food and local seafood for breakfast, lunch or afternoon tea.

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Photograph courtesy of Jason Neilus

## MARINA BERTHS

Fambridge Yacht Haven Limited	01621 740370
Bridgemarsh Marine	01621 740414
Burnham Yacht Harbour	01621 782150
Essex Marina, Wallasea	01702 258531

## BOATYARD MOORINGS

Sutton Wharf, Rochford	01702 546147/07765 398126
Waking Boatyard	01702 219422

## CLUB MOORINGS (MEMBERS)

Hullbridge Mooring Holders Association	07938 930396
Royal Burnham Yacht Club	01621 782044
Royal Corinthian Yacht Club	01621 782105
South Woodham Ferrers Yacht Club	01245 123456
Up River Yacht Club	01702 204578
Waking Yacht Club	01702 542545

## SWINGING MOORINGS

Fambridge Yacht Haven Limited	01621 740370
Brandy Hole Moorings Limited	01702 231496/07788 470718
Roach Mooring Holders Association	07740 839410
	Email: johnlangrick@aol.com
Burnham Yacht Harbour	01621 782150
Essex Marina, Wallasea	01702 258531
Priors Houseboats, Burnham	01621 782160
Rice & Cole Limited	01621 782063

## DRY SAILING/PARK AND LAUNCH

Fambridge Yacht Haven Limited	01621 740370
E C Leisurecraft at Essex Marina, Wallasea	01702 568482

## VISITOR'S MOORINGS

There are no dedicated 'visitors' river moorings; however the main marinas welcome visitors.

## CROUCH HARBOUR AUTHORITY

### AVAILABILITY OF MOORINGS

Moorings are available opposite Creeksea on the South Shore.

Please see below synopsis of conditions of allocation:

- Moored Vessel not to exceed 8m (26ft) in length
- The Mooring Tackle must be checked as fit for purpose at the start of each season
- Sinkers, Chains and Buoys shall be of an approved standard and be installed in accordance and to the satisfaction of the CHA.
- The CHA takes no responsibility whatsoever for the mooring, which is the responsibility of the Licence Holder.
- Mooring not to be operated for commercial/trade purposes.

For further information please refer to the

CHA Website:

<https://crouchharbour.uk/dues/cha-moorings/>

## Services

### FUEL

Fuel is available at various marinas including Burnham Yacht Harbour, Essex and Farnbridge Yacht Haven marina.

Please note fuelling times vary depending upon the time of year, contact providers directly for further information.

### WASTE DISPOSAL

Government legislation requires ports to have a Waste Management Plan. A copy of the CHA Plan is available on request from the Harbour Office.

All boatyards, marinas, clubs, commercial jetties and yacht havens are obliged to submit a Waste Plan to the CHA for approval. Further they are required to record and disclose amounts, types of waste and method of disposal annually to the Authority who then report back to the MCA.

All waste from visiting vessels must be disposed of ashore in the facilities provided at marina, club or yacht haven where they are berthed.

**\*Note – All vessels over 12m are required to display Waste Disposal cards onboard.**

**REVISED ANNEX V to MARPOL 73/78**  
**Main Discharge Requirements**  
**In force as of 1st January 2013**  
**Crouch Harbour Authority Waste Management**

Type of Garbage	Ships outside special areas	Ships within special areas	Offshore platforms and all ships within 500nm of such platforms
Food waste comminuted or ground	Discharge permitted 3nm from the nearest land and en route	Discharge permitted 12nm from the nearest land and en route	Discharge permitted 12nm from the nearest land
Food waste not comminuted or ground	Discharge permitted 12nm from the nearest land and en route	DISCHARGE PROHIBITED	DISCHARGE PROHIBITED
Cargo residues <sup>1</sup> not contained in wash water	Discharge permitted 12nm from the nearest land and en route	DISCHARGE PROHIBITED	DISCHARGE PROHIBITED
Cargo residues <sup>1</sup> contained in wash water		Discharge only permitted in specific circumstances and 12nm from the nearest land en route	DISCHARGE PROHIBITED
Cleaning agents and additives <sup>1</sup> contained in cargo hold wash water	Discharge permitted	Discharge only permitted in specific circumstances and 12nm from the nearest land en route	DISCHARGE PROHIBITED
Cleaning agents and additives <sup>1</sup> contained in deck and external surfaces wash water		Discharge permitted	DISCHARGE PROHIBITED
Carcasses of animals carried on board as cargo and which died during the voyage	Discharge permitted As far from the nearest land as possible and en route	DISCHARGE PROHIBITED	DISCHARGE PROHIBITED
All other garbage including plastics, domestic waste, cooking oil, incinerator ashes, operational wastes and fishing gear	DISCHARGE PROHIBITED	DISCHARGE PROHIBITED	DISCHARGE PROHIBITED
Mixed garbage	When garbage is mixed with or contaminated by other substances prohibited from discharge or having different discharge requirements, the more stringent requirement shall apply		

8 <sup>1</sup> These substances must not be harmful to the marine environment

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Graham:

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Email:

[suttonwharf@outlook.com](mailto:suttonwharf@outlook.com)

**Carter & Ward of  
Wickford Limited**



**Tel: 01702 546147**

River Roach, Purdeys Industrial Estate, Rocehall Way,  
Rochford, Essex SS4 1JU

# Harbour Dues & Charges

## HARBOUR DUES

Harbour Dues are payable by all vessels based on the R Crouch and R Roach including vessels kept off-river in marinas and boatyards etc. Dues are payable annually and divided into eleven bands depending on length of vessel. Harbour Dues are charged pursuant to s26 of the Harbour Act 1964 and s54 of the Crouch Harbour Act 1974.

CHA is entitled to recover unpaid Dues as a civil debt and may claim three times the Dues payable in addition to costs. The Harbour Dues Year runs from 1st January to 31st December. Harbour Dues are payable for the whole of a Harbour Dues Year and cannot be paid for part of a Harbour Dues Year.

Harbour Dues must be paid as soon as the vessel is first launched. **For vessels remaining afloat, Harbour Dues become due for payment on the 1st January.** This charge is **SEPARATE** and **UNRELATED** to charges made by the Marina, Mooring and Boatyard Operators for berth hire (long or short term). Registration and payment for all vessels including Canoes; Kayaks; Paddle Boards; Sailboards, please refer to the CHA Website <https://crouchharbour.uk>

All visiting leisure vessels coming in from seaward are entitled to one visit in any Dues year of up to 14 consecutive days free of charge before being charged for Harbour Dues. If you are remaining in the river for longer than 14 consecutive days and do not intend to remain permanently, Short Visit Dues will apply.

## WATER SKIING

Water Skiing (including wake boarding and towed water toys) is permitted only by boats registered with the Crouch Harbour Authority. There is an annual registration fee, cost of which is dependent on whether applicants are members of the WFWSC.

Registration and Payment:  
Anyone wishing to apply for a Ski Licence should visit the CHA Website:  
<https://crouchharbour.uk/byelaws/water-skiing/>

Registration is allowed only for drivers holding the British Water Ski Federation Ski Boat Drivers Award Level 2 and boats having £3,000,000 liability insurance. You will also be requested to supply a photograph of your craft. A Ski Licence if granted by the Authority will be valid for a period of 12 months commencing 1st January and expiring on 31st December. Licences issued after

Short Visit Due Charges applies only to **BONEFIDE VISITORS** and **does not** apply to anyone wishing to launch on multiple occasions during the year. Maximum visit of up to 3 consecutive weeks (21 days) in any Dues year, after that period full annual Harbour Dues will apply.

Short Visit Dues are not available to:  
Waterski Boats, Personal Watercraft, Atlantic Rowing Boats & Gigs.

On receipt of payment of the Harbour Dues you will be given a coloured plaque for display on the vessel where it can be always seen. CHA is entitled to assume, if not displayed, that no Dues have been paid.

Harbour Dues are not transferrable from one vessel to another.

CHA would further like to encourage owners to display the name of their vessel on either the hull or superstructure. Leisure and Commercial Vessels used within the Crouch Authority District will be required to have compulsory third party liability insurance with an indemnity of not less than £3,00,000.00.

**N.B. Hovercraft are not permitted on the River Crouch & River Roach**

1st January are not subject to a reduction of fee for the shorter period. Ski boats must display Water Ski Registration numbers as issued. These do not alter annually and should remain on the boat until it permanently leaves the area.

**Ski Licences will only be granted to vessels with an overall length, not greater than 7 metres. This measurement is to be taken from the stem to stern and does not include any bathing platform fittings.**

Water skiing is permitted for registered boats in the East Farnbridge Water Ski Area (down river of North Farnbridge). No skiing or other boating activity is permitted within Bridgemarsh Island. Members of the WFWSC (**only**) may ski in the Club's water ski area between Brandy Hole to the west and the 8k buoy at North Farnbridge. Water ski vessels must not be driven by persons under 18 years of age unless under the direct supervision of an adult, present in the vessel.



# Harbour Dues & Charges

The Harbour Byelaws also impose other safety requirements (keeping a lookout, equipment to be carried etc.) Contravention of these Harbour Byelaws may result in a fine of £2,500 which may result in the Licence being revoked.

There are only two public launching places: Hullbridge slipway on the South bank of the River Crouch, and the Public Slipway at South Woodham Ferrers on the North bank (this

slipway is very rough/uneven and vehicles may be damaged). Please note that you have approximately two hours either side of high water for launch and recovery from the public slipways. Members of Woodham Ferrers Water Ski Club have use of the Club's slipway.

**Water skiing is not permitted in the River Roach or any of its Creeks at any time.**

## Personal Watercraft (PWC) Jet Skis

The use of personal watercraft is becoming ever more popular and the craft themselves increasingly powerful.

PWC include jet skis, wet bikes, power boards and all similar recreational watercraft. PWC's are not permitted to tow inflatable toys (donuts, bananas or similar). If you wish to tow inflatable toys (or similar) behind a ski boat, you will need to apply for a Ski Licence.

Registration and Payment: All PWC must be registered with the Harbour Authority before they are launched/used.

Anyone wishing to apply for a PWC Licence should visit the CHA Website: <https://crouchharbour.uk/byelaws/personal-watercraft/>

**New applicants applying for a PWC/Jet Ski Licence are required to provide proof of the following:**

- Photograph of Vessel
- RYA Personal Watercraft Certificate of Proficiency
- Code of Conduct (voluntary)

PWC are required to carry insurance covering liabilities to £3,000,000.

The Licence to operate a PWC may be withdrawn by the Authority at any time. The penalty for breaking the rules may result in a fine of up to £2,500 on conviction.

The East Fambridge ski area may be used by all registered PWC (you do not need to be a member of one of the clubs).

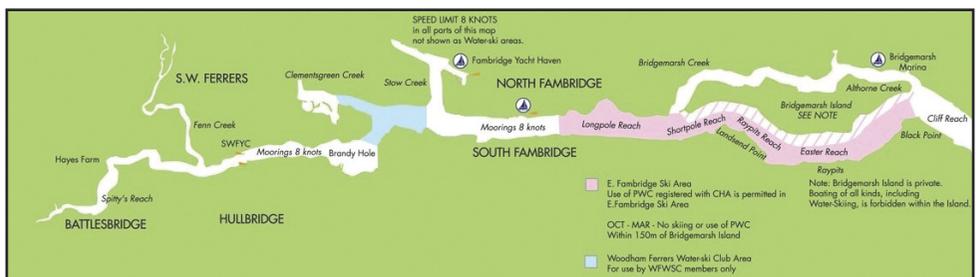
PWC may not be used for recreation in any other parts of the river, but PWC may navigate directly from launching site (or may enter from seaward) to a lawful area and return provided.

1. The 8 knot speed limit zones are strictly observed.
2. The PWC is navigated with proper care and attention toward other river users and is in compliance with CHA Byelaws and International Collision Rules.

Use of PWC by persons under 18 years of age is not permitted.

**PWC is not permitted in the River Roach or any of its Creeks at any time.**

## River Crouch – Water Ski and PWC Areas



# General

## HOUSEBOATS AND RESIDENTIAL VESSELS

The mooring or use of a vessel of any kind for residential purposes within the R Crouch and R Roach requires: Permission of the Crouch Harbour Authority (Crouch Harbour Act 1974) and planning consent (unless there exists an established lawful use for the purpose in the particular location) also permission of the owner of the riverbed on or over which the vessel floats or rests and permission of the owner of the land to which the vessel is secured or over which access is required.

### Important Byelaw Offence (Selected Summary Only)

#### CAREFUL NAVIGATION

To navigate in a manner dangerous to other vessels or persons or without due care and attention, or without reasonable consideration for other persons.

Byelaw 5 Fine from £2,500

#### FISHING

To fish with nets through Burnham Fairway.

Byelaw 7 Fine from £1,000

#### FAIRWAYS

To anchor so as to obstruct any Fairway.

Byelaw 11 Fine from £1,000

#### DRINK AND/OR DRUGS

To navigate under the influence of drink and/or drugs so as to be incapable of taking proper control of the vessel.

Byelaw 19 Fine from £2,500

#### BUOYS, NAVIGATION MARKS, RACE MARKS

To secure to, trespass on or interfere with any navigation buoy, speed limit buoy, race mark or other beacon etc.

Byelaw 21 Fine from £1,000

## COLLISION/DAMAGE

Not to notify the Harbour Master of relevant particulars of any accident or incident which results in damage to any other vessel or injury to any person.

Byelaw 24 Fine from £1,000

A full copy of the Crouch Harbour Authority Byelaws 1978 can be downloaded via the CHA Website or alternatively please contact the Harbour Office.

## INSURANCE

The Crouch Harbour Authority in concurrence with the RYA consider it best practice and recommend that all recreational boaters including but not limited to the following types of vessels carry as a minimum third party insurance.

- Canoes
- Sail Boards
- Paddle Boards
- Dinghies
- Rafts
- Gigs

It is however essential that boat owners are aware and comply with any terms and conditions imposed in regard to insurance by their berth/mooring provider.

**\*Please note** that the following rules apply to Ski Boats and PWC's:

Third Party Insurance Cover (Minimum £3,000,000) must be in force at the date a Licence is issued and continued for the period of the Licence.



Photograph courtesy of Jason Neilus

### A FEW HANDY TIPS

Take time before you go out on the water to make sure you are as safe as possible.

The RNLI recommend as a bare minimum.

**Inform** – Tell others where you are going and when you intend to return

**Training** – Knowledge of activity is essential

**Sos Device** – Carry means of calling for help

**Wear a lifejacket** – A life statement – ‘Useless unless worn’

**Engine, fuel & checks** – Have sufficient fuel and spares and check the condition of the craft and equipment

**Tides and weather** – Check conditions before heading out

It is recommended that you register your boats details with the Royal Yachting Association’s (RYA) SafeTrx service. This is free for owners and skippers of all types of leisure vessels and small craft.

Your details will be available to HM Coastguard and RYA. This will give HM Coastguard the information they need to mount a search and rescue operation if you get into difficulty.

Please visit <https://safetrx.rya.org.uk/login.html> to register.

All craft from a canoe upward can be registered with this scheme.

It is further suggested that sailors regularly review guidance from incidents, including those from outside sources such as safety digests from the Marine Accident Investigation Branch (MAIB).

Maritime Coastguard Marine Guidance Note MGN 489 (M) Amendment 1 provides an overview of the Merchant Shipping Legislation that applies to pleasure vessels.

#### EXPERIENCE AND TRAINING

There are a number of RYA approved courses available at many of the local marinas, those who are new to sailing should consider enrolling and completing basic training before putting onto the water. There are also numerous sailing clubs where novice sailors and those wishing to pursue leisure activities afloat can join and learn from the experience of others. The Crouch Area Yachting Federation (CAYF) has a number of member clubs and their website can be consulted.

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[info@essexparkandlaunch.co.uk](mailto:info@essexparkandlaunch.co.uk)



Photograph courtesy of Jason Neilus

## EQUIPMENT AND SAFETY

All equipment including hulls and machinery should be fit for purpose and regularly inspected.

All leisure sailors regardless whether they are able to swim or not should ensure that they have a Buoyancy Aid (Life Jacket) available, warm clothing, means of communication such as a VHF radio and a fully charged mobile telephone and be able to report their position.

It is good policy to ensure that someone shore side is aware of your intention to go afloat and for what duration especially if you intend to sail solo.

Those in charge of boats should ensure that everyone onboard has their own Buoyancy Aid and is instructed in what to do in an emergency.

Ensure you have sensible reserves of fuel (if applicable) water, food and first aid kit.

## PASSAGE PLANNING

Passage planning is not just for larger vessels but for all vessels. This includes having the correct charts which are up to date, knowledge of tides, knowledge of buoys and rule of the road and any local hazards.

**Before you put onto the water ensure you have obtained an accurate weather forecast for the relevant area.**  
[www.metoffice.gov.uk](http://www.metoffice.gov.uk)

## LOOK OUT

Ensure at all times you keep a good lookout by all available means. If you are distracted or have to carry out other duties onboard, ensure someone is appointed to do so.

The R Crouch has one commercial jetty which is served by cargo vessels which are restricted in their ability to manoeuvre in narrow channels.

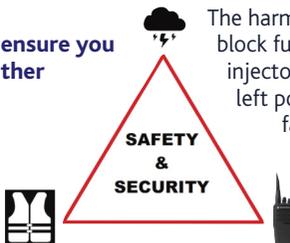
## FATIGUE AND COMPLACENCY

After lengthy periods on the water, particularly in poor weather conditions, the body may be losing heat quicker than you realise and fatigue/complacency may set in. Tasks become harder as does the ability to make decisions. Ensure you are properly equipped and plan for activities to take longer than expected.

## WATER IS THE SOURCE OF MANY ENGINE PROBLEMS

Fuel tanks should be kept as full as possible, especially if the vessel is not being used for long periods and over the winter months to minimize the condensation of moisture which accumulates as 'free water' at the bottom of the tank providing a perfect environment for the Diesel Bug to thrive.

The harmful bug can amongst other things block fuel filters and fuel lines, damage injectors and reduce fuel economy and if left potentially be the cause of engine failure.



# Leigh Marina



Leigh Marina is located (51° 32' 26.82" N 0° 36' 30.10" E) on the Thames Estuary.

- **Marina Moorings** • **Boat Sales** • **Boat Transport**
  - **Boat Cranage & Travel Hoist**
- **Boat and Engine Maintenance** • **Boat Chandlery**

Leigh Marina offers moorings for over 100 boats suitable for most craft including sea-going vessels. Most of our berths have mains power and water with plans to extend this service. We also have facilities for hard-standing space for 60 marine craft and our water pontoons are currently in re-development with an expected capacity reaching 150 berths.

Information regarding mooring fees, and the other services we offer can be found on our website, as well as our terms & conditions.

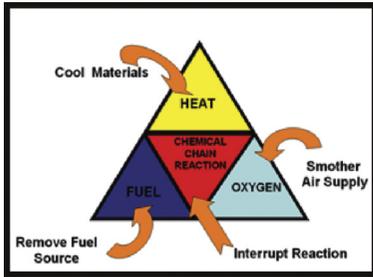
***In addition, if you're looking to buy a boat, our Brokerage page on our website is well worth a visit.***



Leigh Marina • High Street • Leigh On Sea • SS9 2ES  
Tel : 01702 479 009 • [contact@leighmarina.co.uk](mailto:contact@leighmarina.co.uk)  
[www.leighmarina.co.uk](http://www.leighmarina.co.uk)

Visitors Safety: As we are a fully working Boatyard & Marina, for safety reasons can all visitors please report to Reception upon arrival.

# Basic Fire Safety Information



Fit Alarms in places you will hear them go off.  
Test your Alarm frequently.

When fuel or flammable materials are heated, the energy stored inside starts to react with oxygen in the air, giving off heat. This creates a vicious cycle, which causes the fire to spread. To stop the spread of a fire you have to remove one of these elements to break the TRIANGLE

#### A FEW BASIC TIPS TO HELP YOU STAY SAFE:

Make sure you know your boat and make a Fire-Action Plan, familiarise yourself with how to operate fire extinguishers, and keep them serviced. Only tackle a fire with fire extinguishers if you are confident on how to use them. Keep fire blankets and extinguishers within easy reach, close to exits and high risk areas such as the galley.

- Don't go to sea without a working VHF, do not rely on mobile phones! Know your position.
- Keep a working torch readily available.
- Have enough Life Jackets for everyone onboard and keep them in good condition.
- Keep exits clear.
- Turn cooking appliances off properly after use, keep curtain and fabrics away from cooking hobs, be extra careful when cooking with oil/fats, ensure all hobs have shut-off valves.
- Take extra care with lit candles, do not leave them unattended.
- Dispose of cigarettes carefully, do not smoke when refuelling.
- Know how to close emergency fuel and gas valves, ensure gas appliances and hoses are properly installed and inspect them regularly.
- Do not overload electrical adapters, use the correct fuse or circuit breaker.
- Know how to close Air-Vents particularly to engine spaces.

- Ensure you or someone qualified inspects and maintains your boat's fuel, gas and electrical systems on a regular basis.

#### ENGINE SPACES

- Do not let oil or debris build-up in the bilges.
- Clean up all oil and fuel spillages immediately.
- Inspect exhaust lagging on engines/generators/heaters.
- Pay particular attention to heat damage and charring. Damaged wires can overheat rapidly.
- Inspect engines for loose joints, damaged fuel tanks or deteriorating hoses.
- Take care when refuelling.
- Only carry spare petrol for outboards if necessary and store in a self-draining locker on deck.

#### IN THE EVENT OF A FIRE:

#### IF IN DOUBT, DO NOT FIGHT A FIRE YOURSELF.

- If you are moored alongside, move everyone off the vessel immediately and warn persons on any other craft in the vicinity and call the emergency services on 999.
- If you are off-shore move as far away from the fire as you can on deck.
- Get everyone into Life Jackets and put out a distress call to the Coastguard.
- **Do not** enter a smoke filled space.
- If you are already in a smoke filled space, keep down as low as possible.
- **DO NOT** open engine hatches or doors unless you have to starve the fire of air.
- Turn off remote fuel valves and close any air vents.

For additional safety information visit [www.boatsafetyscheme.com](http://www.boatsafetyscheme.com)

## Safety and Security

### International Regulations for Preventing of Collisions at Sea

Mariners are reminded of their obligation under the International Regulations for Preventing of Collisions at Sea:

Part C – Lights & Shapes

Rule 30 – Anchored Vessels & Vessel Aground

(a) A vessel at anchor shall exhibit where it can best be seen:

(i) in the fore part, an all-round white light or one ball;

(ii) at or near the stern and at a lower level than the light prescribed in subparagraph (i), an all-round white light.

(b) A vessel of less than 50 meters in length may exhibit an all-round white light where it can best be seen instead of the lights prescribed in paragraph (a) of this Rule.

(c) A vessel at anchor may, and a vessel of 100 meters and more in length shall, also use the

available working or equivalent lights to illuminate her decks.

(d) A vessel aground shall exhibit the lights prescribed in paragraph (a) or (b) of the Rule and in addition, where they can best be seen;

(i) two all-round red lights in a vertical line;

(ii) three balls in a vertical line.

(e) A vessel of less than 7 meters in length, when at anchor not in or near a narrow channel, fairway or where other vessels normally navigate, shall not be required to exhibit the shape prescribed in paragraphs (a) and (b) of this Rule.

(f) A vessel of less than 12 meters in length, when aground, shall not be required to exhibit the lights or shapes prescribed in subparagraphs (d)(i) and (ii) of this Rule.

**'Ship' – Includes every description of vessel used in navigation, seaplanes on the surface of the water and hovercraft within the meaning of the Hovercraft Act 1968.**



# MARKHAM MARINE SERVICES

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## SOME BASIC SAFETY PRINCIPALS AND PRECAUTIONS

### BEWARE OF THE COLD

Wear suitable clothing, high visibility if possible.

### BUOYANCY AIDS

It is recommended that a Life Jacket or Buoyancy Aid be worn at all times.

Wearing a harness is recommended whilst sail boarding.

If you wear a leg rope for paddle boarding, ensure it is the correct type (The correct type will save your life the wrong sort could be deadly)

### SEEK ADVICE

Do not leave your board, it is an excellent source of buoyancy and offers better visual opportunity for rescuers.

### BOARD AND RIG

Ensure all elements of your board/rig are in good condition. Look after your equipment. It is strongly advised that you wash all items with fresh water at the end of every session afloat.

### WEATHER & TIDES

Be aware of weather conditions before setting out. Check the local forecast.

Pay particular attention to:

- Wind direction; is it on or off shore?
- Is the tide ebbing or flowing and is that likely to change whilst you are out. ALWAYS remember that wind and tide from opposite directions causes 'choppy' conditions.
- The tide flows at a different rate between high and low water.
- Beginners should always stay close to the shore.
- Do not take part in paddle boarding or sail boarding activities after dark.

### COMMUNICATION

Ideally, do not go out alone.

However, ALWAYS tell someone ashore where you are going, what your intentions are and what time you expect to return.

There are many water proof mobile phones available; it is strongly recommended that you consider carrying one.

### NAVIGATION

Be considerate to other river users.

It is recommended that you stay clear of the main fairway at all time but it is **ESSENTIAL** that you do so when there is commercial traffic underway.

### INSURANCE

All craft using the Rivers Crouch and Roach **SHOULD** have as a minimum third party insurance cover.

[www.britishcanoeing.org.uk](http://www.britishcanoeing.org.uk)

### SUP LEASHES

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#### QUICK RELEASE BELT SYSTEM

For use on any moving/floating water when there is risk of a snag/entanglement

COILED

#### CALF LEASH

For use on lakes, canals, sea / coastal bays, surf when there is risk of a snag/entanglement

COILED - General SUP

STRAIGHT - Surf

#### ANKLE LEASH

For use on lakes, canals, sea / coastal bays, surf when there is risk of a snag/entanglement

COILED - General SUP

STRAIGHT - Surf



coiled or straight?

Leashes can be coiled/coily or straight. The type of leash is important depending on the environment you paddle. Talking about the environment...

your environment...

Where are you paddling? What are the conditions? Depending on where you're paddling and the conditions you face, you might need to wear your leash in a different place for safety and security. Take a look at the diagram to see which leash system suits the environment you paddle.

# Use of Inflatable Canoes – Kayaks – Paddle Boards



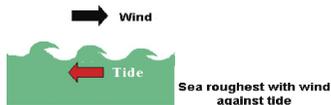
The use of inflatable **Canoes, Kayaks** and **Stand Up Paddle-Boards** is becoming increasingly more popular country wide and the rivers Crouch and Roach are amongst the many interesting and scenic waters to be explored and enjoyed using these type of craft.

As with all types of waterborne activity always consider safety first, take all steps to ensure that you and those accompanying you remember your day out for the right reasons and you remain safe and unharmed.

Below is listed some general information and some more specific data pertinent to the rivers Crouch and Roach which fall under the jurisdiction of the Crouch Harbour Authority.

## GENERAL INFORMATION

- Maintain and inspect your craft on every occasion before setting out, inflate it correctly and pack a manual pump.
- Wear suitable clothing for all seasons, including sun protection. Also remember that it is always colder on the water than on land.
- Always get a Weather Forecast and check wind speed before going out onto the water. When the wind is from the North remember that it is usually stronger and colder than from the West. On the River Crouch Easterlies and Westerlies are also strong because there are no obstacles to weaken them. Wind against tide will produce waves and choppy conditions. Conditions can and often change rapidly. If in doubt do not venture afloat.



- Tell someone ashore where you are going and what time you expect to return. If possible, take a means of communication with you [mobile phone or VHF radio]

Wear a personal floatation device or Life Jacket with a whistle, a useful means of calling for help. Wear a SUP Leash. Even if you are a good swimmer, the river can be very fast moving and there can be undercurrents.

If you fall in the water you may be injured or rendered unconscious. The leash will ensure that you are never far from your SUP Board. This will enable you to pull the board towards yourself and also make you more visible in the water. Make sure that your Buoyancy Aid fits you well and that zips and straps are done up

## SUP'S RULES OF THE ROAD/HAZARDS

SUPs and Kayaks are classed as powered vessels and should give way to sail and not impede their progress.



Keep near to the bank when paddling, the main centre channel is used by larger powered vessels. If you are on a collision course with another boat and it is safe to do so, it is usual to pass so the other boat is on your left as you pass.

## Be aware at all times when you are on the water and keep looking around you.

- Never go out wearing headphones.
- Give mooring buoys a wide berth.
- Cruisers on moorings can swing round, especially in strong winds or tides.
- Keep looking out for powerboats, so that you can anticipate their wake. They are meant to slow down, but it doesn't mean that they always do!
- Always steer into their wake, don't let it hit you side on.
- Give a wide berth to people fishing on boats or river banks.
- If you are paddling in narrow, shallower waters, such as the other side of the weir in Battlesbridge, look out for overhanging branches and tree roots in the water.

Remember that when the water rises or goes down you may not be able to get over or under these.

## COLD WATER SHOCK

If you do fall into the water, the cold water will be a shock to your body initially:

- You will gasp for air, then breathe rapidly.
- It will reduce your ability to hold your breath to a few seconds, so protect your mouth and airways.
- Your heart will be working harder, so don't try and swim, just relax.
- These effects will be at their worst in the first 30 seconds but will have gone within 3 minutes.

## LOCAL INFORMATION

- Know where you are going, have a map or chart.
- Pay particular attention to the direction of the tide not just when you set off but decide if it is likely to change whilst you are out. Remember the current and velocity is not only different by location but varies considerably during the period between high water and low water.
- **KEEP A GOOD LOOKOUT AT ALL TIMES – NEVER ASSUME THAT PERSONS ON ANOTHER VESSEL HAVE SEEN YOU AND WILL STAY CLEAR.**
- Be aware of the wash created by other vessels underway in your vicinity.
- It is strongly recommended that you stay close to the shore-line and do not encroach into the shipping fairway and main navigation channel.
- Enjoy the wonderful wildlife our rivers have to offer but do not disturb or intrude unnecessarily into their habitat.

<https://gopaddling.info/stay-safe-on-the-water/>

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### Life Jackets – *Check it and wear correctly. It will save your life.*

#### LIFE JACKET OR BUOYANCY AID?

- A Life Jacket is designed to enable you to float above and with the direction of the waves while keeping you buoyant.
- A Buoyancy Aid contains buoyant padding which helps keep you above water in inshore situations or when water skiing or participating in similar activities. They are often bulky and cannot be relied upon in an emergency as they only aid floatation. If you are unconscious or injured they do not keep your face out of the water and you do need a certain amount of ability to tread water and keep yourself safe.
- **A Buoyancy Aid is no replacement for a self inflating Life Jacket – A Buoyancy Aid does not keep your face above water if you are unconscious.**

#### LIFE JACKETS

- A good quality, well chosen Life Jacket should be comfortable and you should hardly notice you are wearing it. It keeps your head and neck supported and clear of the water if you are incapacitated by injury or unconscious.
- There is the option to have a **Manual** Life Jacket or an **Automatic** Life Jacket  
**A Manual Life Jacket** will only inflate on demand when the manual cord is pulled, this detaches a clip on the mechanism which breaks and activates the gas cylinder, releasing the CO2 which then inflates the lung.  
**An Automatic Life Jacket** can be inflated as above or automatically on contact with water (the mechanism when wet activates a sensor which fires and activates the CO2 gas cylinder) and therefore can be relied upon in a man overboard situation. It will also work if you are unconscious, injured or just disorientated.
- All good quality Life Jackets, irrespective of whether they are Manual or Automatic have the ability to be orally inflated and can also be topped up with air using the oral valve.



#### FITTING, STOWAGE, MAINTENANCE AND SERVICING

- Ensure you are familiar with the donning instructions of your particular type of Life Jacket.
- Accidents can happen to anyone, regardless of experience.
- Ensure your Life Jacket fits correctly. Loose fitting Life Jackets may come off in an emergency or be a hindrance in the water. Make sure your Life Jacket is a snug fit and use the crotch strap if fitted. If there is a manual inflation toggle fitted ensure it is easy to reach.
- Life Jackets should ideally be stored in a warm dry place but away from direct heat or sunlight.
- If possible hang them up on a rack or hook, if damp allow to dry naturally.
- Inspect your Life Jacket regularly for obvious signs of damage.
- Ensure that the gas cylinder is correctly fitted.
- Get your Life Jackets serviced regularly by an approved retailer/company in accordance with any coding regulations or if that is not applicable then at least every 3 years. Make a log of this.
- Repairs should be performed by a manufacturer or approved company.
- It is recommended that the minimum specification for an adult size Life Jacket is a minimum of 150N, that the Life Jacket has a crotch strap and is self inflating.

## Kill Cords

The **KILL CORD** or engine safety cut-out switch is a device used to stop the engine in the event of the helmsperson being thrown off their seat. It consists of a length of cord or plastic wire connected to a kill switch on the engine or dashboard of a boat.

One end has a plastic collar to hold the switch open, the other has a clip on it which can be connected directly to the helmsperson or made into a loop which can then be passed around their thigh. If the helmsperson is thrown from their seat by a sudden manoeuvre, the kill cord is pulled back from the dash, cutting the engine and preventing further injury from the propeller.

It is advised that the kill cord should **NOT**

- a) Be attached to your wrist so as to avoid it becoming entangled in the steering or throttle mechanism.
- b) Be attached to any clothing or Life Jacket, which could become ripped or detached from the helmsperson.
- c) Be lengthened.



### GENERAL ADVICE

- Test your kill cord regularly.
- Make sure your kill cord is in good condition.
- Always attach the kill cord securely to the helmsperson, ideally prior to the engine being started, but certainly before the boat is put in gear.
- **STOP** the engine before transferring the kill cord to another helmsperson.

# David Oakman Marine Engineering

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# RNLI Burnham-on-Crouch has been saving lives at sea for 56 years.



## Lifeboats

### OUR HISTORY

The Royal Lifeboat Institution lifeboat station in Burnham-on-Crouch was founded in 1966. Initially it was only operational during the sailing season, whereas today it is operational 24 hours a day, 7 days a week, 365 days a year manned entirely by volunteers.

Originally the "D" Class lifeboat was housed in a temporary wooden shed next to the Petticrow Boatyard in Belvedere Road until it was relocated to the corner of the Royal Corinthian Yacht Club car park in 1989 when the old boatyard site was redeveloped.

Later and following a review by the RNLI it was determined that an "Atlantic 75" Class lifeboat should be stationed in Burnham-on-Crouch if a suitable site could be located.

In August 1996 a floating boathouse was installed in the Northwest corner of Burnham Yacht Harbour. Changing rooms for the crew, stores, workshop, and a training facility are located in the station house. The station house was designed by local architect, John James who himself was previously a volunteer crew member.

In 2007 "Ernest and Rose Chapman II" was delivered, the second "D Class" lifeboat to be donated by David and Barbara Chapman in memory of David's parents.

In February 2011 and following a massive fundraising drive, RNLI Burnham-on-Crouch needed to raise £130,000 towards a new boathouse for their new Atlantic 85 "Tony & Robert Britt" which arrived on station in March 2011.

2022 has been a busy year for our volunteer crew with approaching 40 shouts for the year to the end of October. One of these shouts in particular could have had a very different ending but for the extensive training our volunteer crew members undergo.

31st August started off as a normal day with our volunteer crew going about their normal business when they were contacted by H.M. Coastguard requesting that we to check on the welfare of a lone sailor after he reported feeling unwell off Pagelsham moorings. Our Atlantic Class Lifeboat "Tony & Robert Britt" was launched and proceeded to scene.

Upon arrival three of our crew members boarded the casualty vessel to evaluate the well being of the sailor. Following an initial assessment by our crew the condition of the casualty improved,



unfortunately however his condition deteriorated into a seizure, deteriorating further when his breathing became erratic leading to a cardiac arrest. Our crew are well trained for such a situation and were able to resuscitate and stabilise the casualty after 30 minutes pending the arrival of the Coastguard helicopter and he was then airlifted to hospital.

These events highlight the need for continuous training our crew undergo which is only possible due to the generosity and support of the public. It is your kindness that means we can look forward to 2023 with optimism when once again our volunteer crew will be training hard so they can be ready to go out in all weathers 24 hours a day, 7 days a week 365 days a year.

### KEY FACTS ABOUT THE RNLI

The RNLI charity saves lives at sea. Its volunteers provide a 24-hour search and rescue service around the United Kingdom and Republic of Ireland coasts. The RNLI operates over 238 lifeboat stations in the UK and Ireland and more than 240 lifeguard units on beaches around the UK and Channel Islands. The RNLI is independent of Coastguard and government and depends on voluntary donations and legacies to maintain its rescue service. Since the RNLI was founded in 1824, its lifeboat crews and lifeguards have saved over 142,700 lives.

For more information, please contact Peter Harris, RNLI Volunteer Lifeboat Press Officer on: email: [Peter\\_Harris@rnli.org.uk](mailto:Peter_Harris@rnli.org.uk)



# SWALLOWTAIL

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*The Swallowtail Restaurant and Bar is situated in Burnham Yacht Harbour with fantastic views over the marina and the River Crouch.*



*Serving lunch, dinner and tea/coffee and cake, we welcome visiting groups, families and functions and our friendly staff will make it their aim to give you a truly memorable experience. For opening times please visit our website.*



Please call us on 01621 785505 or visit our website: [www.swallowtailrestaurant.co.uk](http://www.swallowtailrestaurant.co.uk)  
Foundry Lane, Burnham on Crouch, CMO 8BL

## Swimming on the Rivers Crouch and Roach

**Open Water** swimming is becoming an increasingly popular sport and can be a safe and fun means to enjoy the outdoors when proper precautions are taken. The following information is provided to assist those who wish to swim in the waters under the jurisdiction of the Crouch Harbour Authority [CHA] It is essential to keep in mind that these tidal waters are in constant use by an eclectic mix of vessels of all sizes and categories including but not restricted to large commercial shipping [in and around the Burnham on Crouch area] powered and sailing vessels of all sizes, jet skis, water skiers and fishing vessels. The CHA further supports competitive racing organised by the numerous sailing clubs on the rivers Crouch and Roach



### Safety is Paramount

- Know your limits, build up experience and acclimatisation to cool water slowly.
- Be aware of temperatures, which can be cooler than imagined even during the summer months.
- Do not swim under the influence of alcohol or drugs.
- Consider wearing wetsuits and other neoprene accessories, goggles, and suitable footwear.
- **Be Seen** – Wear a high visibility swim cap.  
Tow a safety float to further improve your visibility to others.
- If possible, swim with others but definitely let someone ashore know where you are going and what time you expect to return.
- Cover cuts and wounds before swimming.
- Don't jump in before checking for obstructions or for depth, and before getting used to the water temperature.
- Be aware of tide strength and times of high and low water. Powerful tides can overpower even strong swimmers.
- At all times whilst you are in the water – **KEEP A GOOD LOOKOUT** – Do not assume you have been seen.
- Swim close to the bank/shoreline. Crossing the river should be avoided at all times, unless absolutely necessary but particularly in areas where there is a high density of vessels underway. Don't swim in the Fairway.
- The Crouch Harbour Authority must be contacted and informed before the commencement of any organised swimming event. Safety/Recovery vessels will be required to be in attendance on such occasions.

Swimming in tidal rivers including the River Crouch at Burnham can **pose specific risks**, particularly if you are not an experienced swimmer.

The gravitational effect of the moon means that twice each day a massive tidal wave moves along the English coast from north to south. As this tidal wave approaches the level of water rises –the 'Flood Tide'– and as it passes the river falls – the 'Ebb Tide'. When the moon is closest the tidal wave it pulls along after it is largest – so called 'Spring Tides' and when its farther away the tidal wave is smaller – 'Neap Tides'. Right through the year we have this fortnightly cycle – a week of **Spring Tides** followed by a week of **Neap Tides**. On **Spring Tides**, the levels rise higher and fall further – there's a lot more water moving around, so tidal streams are much stronger than on **Neap Tides**.



**Swimming is strongly  
NOT advised and if  
undertaken is at your own risk**

**However, if you choose to enter  
the water, please ensure  
someone else shore side is  
aware of your intention.**

In Burnham, like in most tidal rivers, the **Ebb Tide** tends to run more strongly than the **Flood Tide**. In particular, very soon after high water the tide turns and starts running strongly towards the sea. The current sweeps round the bend opposite Creeksa and then runs down strongly close along the north shore of the river through Burnham town, past the privately owned pontoons and jetties.

You might not notice that the tide has turned and that all the moored boats are straining back on their mooring chains. Very close in to the seawall it may not be very obvious, but out near the ends of the pontoons the tide may quickly start to run at up to five knots – that's a very swift walking pace and much faster than most people can swim.

Swimming on a **Spring Ebb** can be particularly risky. If you try and swim against the current, you could quickly run out of strength. In such a situation it would be wiser to go with the tidal flow and try to edge over back towards shore, where the current will be less strong. As a general rule, only get into water to swim if you are sure of where you can exit safely, and only if you understand the tidal and local situation thoroughly.

You can find out on the CHA Website [www.crouchharbour.uk](http://www.crouchharbour.uk) where there are free Tide Tables for the whole year showing the times of the two high waters and two low waters each day (clock times) and the heights of high and low water. As a guide any high water with a height of 4.5m or more is a **Spring Tide**, which are the ones that run most strongly and should be avoided, especially on the ebb (ie. after high water). But even the **Neap Tides** can have strong currents – so unless you really are confident of your strength as a swimmer, it is best to only go into the water very close to the shore, within your depth, where the tide runs more slowly.



### Drugs and human trafficking are **BIG** business in Essex

Drugs and human trafficking are serious high-volume crimes leading to violence, child exploitation and abuse.

Boats and yachts are used by gangs to carry out illegal imports at ports and marinas especially those with limited or no checks.

#### Suspicious Activities

- Attempts to test or research security
- Late night or early morning activity
- Suspicious deliveries
- People in the wrong place or behaving unusually
- Unusual presence of boats or yachts
- A vessel that has been unusually modified
- A boat or yacht owner being evasive about passengers or routes
- Boat or yacht owner ignoring marine regulations or filing misleading or false reports
- Concealed cargo
- Packages or passengers being transferred to dinghies, other boats or waiting cars
- Items being handled suspiciously

**Speak up. Stop Crime. Stay Safe.**  
**100% anonymous. Always.**

If you see a crime in progress, then you should report it to the police immediately using the 999 number. Do not try to get involved. Alternatively, you can safely contact the Charity Crimestoppers.

Crimestoppers give people the power to speak up to stop crime. By phone and online, 24/7, 365 days a year. You will remain 100% anonymous.

They have been around since 1988. They are independent. They won't ask your name. Won't judge. Just listen to what you know. When you hang up the phone (0800 555 111 or register the information online <https://crimestoppers-uk.org/give-information/forms/give-information-anonymously>) you are done.

Crimestoppers will pass on any information to the police.

Their service is designated to protect your identity, whether you call them or submit information online.

The Rivers Crouch and Roach have miles of navigable water and many safe overnight mooring places for leisure craft. However, unfortunately the rivers are on occasions targeted by some unwelcome visitors.

In the event of a theft or incident on the Rivers Crouch or Roach, please take the following action:

- Report the incident via 101, or online: <https://www.essex.police.uk/ro/report/ocr/af/how-to-report-a-crime/>

#### In an emergency dial 999.

- Inform the Harbour Office
- Record the Crime
- Make fellow river users aware of anything suspicious
- Get advice on security marking and identification

#### IF THERE IS AN ACCIDENT

If you are involved in a marine incident or accident, no matter how minor, within the CHA district and its approach channels, you **MUST** report the fact to the Harbour Authority as soon as possible.

Standard Incident Report Form is available in the Harbour Office or online <https://crouchharbour.uk/navigation-and-safety/port-marine-safety-code/>

#### COMPLAINTS

If you have cause to complain about behaviour in The Harbour please contact the Harbour Office and follow up by completing an Incident Form (forms available at the Harbour Office or online).

All complaints and incidents are investigated by the Harbour Authority and action taken where appropriate. Your help assists us in our endeavours to keep the CHA district safe.



Essex Police Marine Unit are based in Burnham on Crouch, but they cover the whole of the Essex Coastline.

With the second-longest coastline in the country, there's a lot to keep our Marine Unit busy.

Their top priority is keeping our marine communities safe on land and in the water – whether that be out at sea, on our rivers and waterways or in the various marinas and moorings around the county.

With our launch, the Alert IV, and Sentinel, a rigid-hulled inflatable boat known as a RHIB and a personal watercraft (more commonly known as a Jetski), our team patrols the coastline all the way from Mistley in north Essex, down past Harwich, Clacton and Southend, and along the Thames to Crayford Ness, just past the Dartford River Crossing.



In 2020 the Marine Unit evolved to become a Community Policing Team for the Marine Community of Essex. This coincided with the first COVID lockdown which saw a huge increase in users of and visitors to the Essex Coastline.

With this increase in paddleboarders, jetskiers, boat users, swimmers and visitors to the beaches and coastal paths comes an increase in calls to the police whether it be reports of anti-social behaviour on the water, reports of people getting into difficulty or vulnerable missing people.

Our role is extremely broad and constantly adjusts but our main focus is to protect and support the Marine Community by working with our key stakeholders to improve water safety, reduce crime and reduce ASB.

As part of our work under Operation Wave Breaker we have been conducting patrols to not only try and tackle the problem but also provide a visible reassurance to our Marine Community. We have been conducting patrols along the River Crouch, River Blackwater and at Point Clear, and joint patrols with the Southend Pier & Foreshore team and also the Brightlingsea Harbour Master.

We have also launched a joint pilot project with Maldon District Council who have funded a PWC for our use on the water to tackle ASB. The PWC will allow us greater coverage of the rivers and creeks that our launch (Alert IV) is usually unable to reach due to shallow water. We look forward to engaging with far more of our Marine Community over the summer with this really useful addition to our fleet.



### REPORT A CRIME

If you would like to report marine related crime or antisocial behaviour, which is not an emergency please use our online digital 101 service. Alternatively call 101.

**In an emergency dial 999**



# Bradwell Marina

Situated on the picturesque Blackwater estuary  
Ideal for exploring the river and other east coast estuaries  
All visitors are welcome



There is no lock or sill and the Marina is accessible at nearly all states of the tide for shallow draft boats.

Deeper draft vessels must exercise caution at low water especially during spring tides, as the navigable channel in Bradwell Creek becomes shallow.

The Marina basin itself is dredged each year to give a minimum depth of 7ft at low water springs.

The yacht basin is well sheltered having been excavated behind the sea wall.

- 350 berths
- Electricity and water on the pontoons
- Diesel and super unleaded
- Bottled gas
- Open 7 days a week 08:30-17:00
- 45-ton boat hoist
- Self-launch slipway
- Clubhouse/restaurant
- Large hardstanding with electricity
- Laundry facilities



We listen on VHF channel 80  
For berthing and general enquiries please phone on

**01621 776235**

or email [arthur@bradwellmarina.com](mailto:arthur@bradwellmarina.com)

## ALL VESSELS including those under 7m are required to exhibit lights.

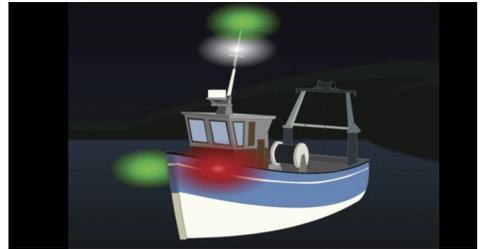
### International Collision Regulations – Part C- Lights and Shapes

#### Rule 26-Fishing Vessels – Engaged in Trawling

9(a) A vessel engaged in fishing, whether underway or at anchor, shall exhibit only the lights and shapes prescribed in this rule.

9(b) A vessel when engaged in trawling, by which is meant the dragging through the water of a dredge, net or other apparatus used as a fishing appliance, shall exhibit.

- Two all-round lights in a vertical line, the upper being green and the lower white, or a shape consisting of 2 cones with their apexes together in a vertical line one above the other;
- A masthead light aft of and higher than the all-round green light, a vessel of 50 metres in length shall not be obliged to exhibit such a light but may do so,
- When making way through the water, in addition to the lights prescribed in this paragraph, sidelights and a stern light.



Powercraft underway, less than 7 m L.O.A. (maximum speed 7 knots including yacht under power)	Sailing vessels less than 20 m L.O.A.			
1 Allround white	1 Tricolour sailing light	1 Port 1 Starboard 1 Stern	1 Allround red 1 Allround green may be exhibited in addition	1 Bi-colour 1 Stern 1 Allround red 1 Allround green may be exhibited in addition
Sailing vessels more than 20 m L.O.A.	Powercraft underway less than 20 m L.O.A.	Motor driven vessels up to 50 m L.O.A.		
1 Allround red 1 Allround green 1 Port 1 Starboard 1 Stern	1 Masthead 1 Port 1 Starboard 1 Stern	1 Masthead 1 Bi-colour 1 Stern	1 Masthead 1 Port 1 Starboard 1 Stern	

### Whether sailing in coastal or estuarial waters night time navigation increases the challenges even to the most practised sailor.

The waterway is completely different at night and you need to alter the way you operate to suit the conditions – remember you must carry and show the correct lights:-

The number of lights, their characteristics and aspect will test those who are not experienced with night navigation.

Night time brings challenges of back scatter of own navigation lights, interference from shore side lights, reflections and the appearance of objects being closer or further away than they actually are making it difficult to maintain situational awareness or the ability to interpret what is actually being seen. Anyone undertaking night navigation should be fully aware of the shore lights they expect to see by ensuring a robust passage plan.

It is essential that you understand what is being shown by other vessels including those

engaged in fishing. Meteorological situation and sea state will also affect what is seen.

In darkness, fog or when glare from the sun restricts visibility, you should slow down to a safe speed. A safe speed is one at which you can stop and avoid a collision, considering the circumstances and conditions at the time.

Remember, the faster you go, the faster you approach the hazards and hitting hazards at speed can have a greater impact on you, your passengers and your vessel.

Whether you are paddling, rowing, sailing or motoring, everyone needs to be able to recognise where you are and what you are doing.

The RYA have excellent courses for leisure sailors to get to know night time navigation as well as gain appropriate experience.



## The Port Marine Safety Code

The Department for Transport introduced the Port Marine Safety Code as a marine safety standard that all ports and harbours in the United Kingdom could achieve. The Crouch Harbour Authority Members who form the Trustees of the Authority have committed to complying with the obligations of the Code. Ocean Ensign Ltd are marine consultants who have been appointed by the Authority as the Designated Person to provide assurance that the Code is being complied with.



So how do we go about this? We visit the harbour office and meet with the Harbourmaster, Office Staff and Crouch Harbour Authority Members. We talk about various topics at meetings and inspect the different operations of the Harbour Authority and measure it against advice in the Guide to Good Practice.

I had the opportunity in 2022 of accompanying the Trustees and Advisory Committee Members on the "Beating of the Bounds". This annual event allows all those involved the opportunity to go afloat and view some of the CHA waters first hand. Afterwards there is a meeting enabling all to sit and talk about matters affecting the Authority.

Within the Crouch Harbour Authority's area there is a diverse and wide-ranging mix of navigation activities from commercial ship movements under pilotage to all types of leisure and sailing craft. Skill levels also vary greatly from the experienced to those just starting their chosen activity, still learning the ropes. Following the pandemic and easing of restrictions there has been an increase in use of Personal Watercraft (PWC) and paddle boards some of which are kite assisted and can achieve extremely high speeds. The activity of open water swimming is also becoming ever more popular, consequently there is more pressure for safe water space.

The PMSC acknowledges the different levels of experience in recreational activities and encourages training.

The Royal Yachting Association (RYA) have representatives at the Sailing Clubs here in the river Crouch. It is recommended that those who navigate yachts and boats take an RYA Course and join a Sailing Club. There you can benefit from other members experience. The Advisory Committee regularly meets throughout the year. If you engage in a leisure activity, contact your representative on the Advisory Committee and gain a wider insight into what goes on in the rivers.

The recent Marine Accident Investigation publication demonstrates how quickly leisure craft operating at high speeds can go wrong. The accident report into RIB Tickler and Personal Watercraft makes sombre reading.

The Port Marine Safety Code Guide to Good Practice states that it is up to everyone who uses the water to understand the risks of their activities and how these could impact on others and plan accordingly and be sensible. The Byelaws of the Authority are clearly published on the Harbour Authority website and in this Harbour Guide. They are in place to regulate and to encompass safety. It is the minority that spoil fun and leisure pursuits of others. Most users are to be complimented in the way they operate their yachts and boats. This Guide and the Authority website provide advice on a range of topics which we hope you find useful. The CHA also publishes local Notices to Mariners so please ensure that you have registered with the Authority to receive these.

**Mike Robarts Master Mariner MIMarEST RMarTech  
Designated Person  
Ocean Ensign Ltd**

**Cold Water Shock** is triggered by sudden immersion in water temperatures lower than 15°C – the average temperature of UK and Irish waters is 12°C. So even in the summer, the water temperature can be cold enough to cause cold water shock, which can steal the air from your lungs and leave you helpless in seconds.

## What happens?

Cold water shock causes the blood vessels in the skin to close, which increases the resistance of blood flow. Heart rate is also increased. As a result the heart has to work harder and your blood pressure goes up. Cold water shock can therefore cause heart attacks, even in the relatively young and healthy. The sudden cooling of the skin by cold water also causes an involuntary gasp for breath. Breathing rates can change uncontrollably, sometimes increasing as much as tenfold. All these responses contribute to a feeling of panic, increasing the chance of inhaling water directly into the lungs.

This can all happen very quickly: it only takes half a pint of sea water to enter the lungs for a fully grown man to start drowning.

## How can you minimise the risk?

If you enter the water unexpectedly:

- Take a minute. The initial effects of cold water pass in less than a minute so do not try to swim straight away.
- Relax and float on your back to catch your breath. Try to get hold of something that will help you float.
- Keep calm then call for help or swim for safety if you are able.

If you are planning on enjoying the water:

- Check conditions – including water temperature – before heading to the coast.
- Wear a wetsuit of appropriate thickness for the amount of time you plan to spend in the water and the type of activity you are doing, if entering
- Wear a flotation device. It greatly increases your chances of making it through the initial shock.

## The four stages of immersion

1. Cold water shock (lasts 2-3 minutes)
  - You could drown from automatic gasping and hyperventilation. It only takes 1.5l of fluid to drown; a single gasp can easily take in 2l
  - You could suffer a cardiac arrest or a stroke. To survive, try to stay calm and keep as still as you can – movement in water accelerates loss of body heat – then you will soon regain breathing control.
2. Muscles and peripheral nerves cooling (lasts up to 30 minutes)
  - You will lose the use of your hands, so you cannot fire flares or operate a hand-held VHF anymore or be able to swim or climb out of the water.
  - You could shiver intensely and have cramps. Act quickly – once the gasping stops, call for help before you lose the use of your hands.
3. Deep body cooling after about 30 minutes (lasts 30+mins)
  - Hypothermia starts to set in.
  - You will become incapacitated.
  - Your heart could stop. Only a lifejacket (with crotch straps) will keep your head above water.
4. Rescue
  - If you have called for help, rescuers will be on their way. Keep fighting for survival. Do not relax, even when you are being helped by rescuers.



## ABIDE BY THE SPEED LIMIT

**Please be Aware of Your Wake & Wash and the Impact it has on Others  
Keep a Watchful Eye Astern**

Consideration for others should be enough of a motive and reason to be mindful and aware of what damage and harm excessive wake and wash can cause to other river users.

It should be fully understood that unlike speeding in a car, which is a civil offence, contravening and breaching Byelaws relating to speeding within a Harbour is a prosecutable CRIMINAL offence.

Please be aware of CHA Byelaw No 5 - Careful Navigation

'No master of a vessel, shall cause or permit such vessel to be navigated in a manner dangerous to other vessels or persons or without due care and attention or without reasonable consideration for other persons'.

Every ship navigating or manoeuvring within the CHA District should do so with care and caution and in such a manner as not to cause injury to, or be a nuisance to persons, other ships, mooring buoys, beacons, or other property.

There is an 8-knot speed limit in certain areas of the Rivers Crouch and Roach please abide by it; however, it is not just your speed that you need to watch. Keep a good look-out (including astern) and realise what effect your wash is having on other Harbour users. Slow down when you see vessels that are vulnerable in particular:

- Vessels on mooring particularly with dinghies alongside.
- Vessels moored alongside pontoons.
- Person, particularly the young in canoes.
- Dive boats.
- Workboats tending moorings or navigation marks.
- Passengers embarking/disembarking from all vessels including passenger ferry.

## IF YOU ARE INVOLVED IN MARINE ACCIDENT:

If you are involved in a marine incident or accident, no matter how minor within the Crouch Harbour Authority's District, you must report the fact to the Harbour Authority as soon as practicably possible.

Standard report forms are available on the CHA website or from the Harbour Office.

## ANCHORING OF VESSELS WITHIN THE CHA DISTRICT

- Vessels at anchor are to display the appropriate day and night light, shapes and sound signals.
- Vessels must be able to weigh anchor without assistance and move at notice or as and when required to do so by Crouch Harbour Authority.
- Vessels should not anchor close to any navigation, racing or mooring buoys so as to foul such marks in any way
- Skippers are discouraged from leaving their vessels at anchor unattended. Should the vessel be left unattended for a short period it should not be until after the first turn of tide after anchoring and definitely when inclement weather is forecast.

## Do not moor up to/makefast to Navigation Marks.

### LIGHTS SHAPES AND SOUND SIGNALS

Owners and operators of all vessels within the CHA District are reminded of their obligation under the Marine Safety Act that the appropriate lights must be displayed between the hours of sunset and sunrise and in times of restricted visibility.

For full details please consult the International Regulations for preventing Collisions at Sea 1972 [COLREGS]

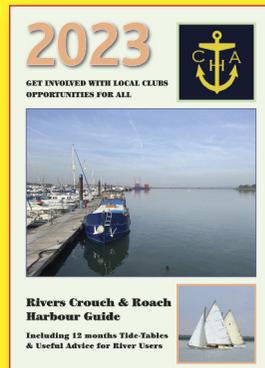
Part C – Lights and Shapes

Part D – Sound and Light Signals.

As a statutory Harbour Authority we have similar powers to the police regarding enforcement of Byelaws.

If you wish to advertise in the next  
**CROUCH HARBOUR GUIDE**  
please telephone us at  
**Horizon Publishing on 01425 470950**  
email us at [office@horizon-publishing.co.uk](mailto:office@horizon-publishing.co.uk)

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OPPORTUNITIES FOR ALL

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Harbour Guide**  
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& Useful Advice for River Users

## Fambridge Yacht Haven

Fambridge Yacht Haven has so much to offer. Set within the beautiful Essex countryside, this marina makes the perfect base for you to explore the east coast rivers and creeks – and all of the picturesque anchorages the local area has in store.

Fambridge offers a back-to-basics family holiday with watersports on the river, mudlarking and fishing on the shore, and wildlife watching across the surrounding salt marshes, tidal flats and grasslands.

Annual berth holders can also enjoy free or discounted visitor berthing at over 70 marinas throughout the UK and Europe.

Just ask the team about the TransEurope Marina network and Yacht Havens' 14 free nights.

120 deep-water swinging moorings

Overnight visitor berthing

The Ferry Boat Inn

Indoor & undercover  
Boat storage

Marina Reception

220  
for boats u

Ample free parking



# Fambridge Yacht Haven

Fambridge offers customers a wide range of berthing benefits including:

- Free Wi-Fi for visitors and berth holders
- Annual & seasonal contracts
- Ample free parking
- Free storage ashore and cradle storage for annual berth holders

- Secure site with 24-hour CCTV and staff on-site 7 days a week
- A vibrant and social marina with West Wick and North Fambridge Yacht Clubs on-site

#### Boatyard Services

- Operating Monday to Friday, with a 24-hour emergency haul out service, available all year round
- Indoor, undercover and sheltered, outdoor storage for over 700 boats
- A range of services including Park & Launch, trailer storage, refuelling, waste disposal and a dedicated 'dirty work' area for shot blasting etc

Unlike many other marinas, Fambridge runs an open site policy allowing you to appoint a contractor of your choice, without any charge to you or your contractor.

**Berth Marina**  
up to 60ft (18m) LOA

---

**For a quote or to discuss your berthing/boatyard requirements, contact the Fambridge team:  
Call 01621 740370 or visit [www.yachthavens.com/fambridge](http://www.yachthavens.com/fambridge)**

---

#### The Ferry Boat Inn

The historic 16th century pub and B&B has reopened with a stunning new bar and restaurant area.



Call 01621 740208 or visit [www.ferryboatinnessex.com](http://www.ferryboatinnessex.com)

## Harbour Patrol Vessels



Harbour Master's Launch/Patrol  
**'WATCHFUL'**  
Seaward 28'

Pilot Cutter/Patrol  
**'CROUCH TRIDENT'**  
Nelson 42"



*Photograph courtesy of Jason Neilus*



**'PATROL RIB'**  
XS-545 DELUXE 5.45M

The CHA operate patrol vessels at weekends and at peak times when activity within the district is high. Please be prepared to stop if requested to do so.

The vessels are not just there for enforcement issues, they are also there to provide a source of information

**These vessels will under normal circumstances patrol within the harbour speed limits but will respond to emergencies, byelaw and other infringements at high speed if required**

When underway vessels listen on VHF channels 16 and 11



**The Crouch Area Yachting Federation (CAYF) comprises of 33 boating Clubs and organisations in the Crouch and Roach Rivers**

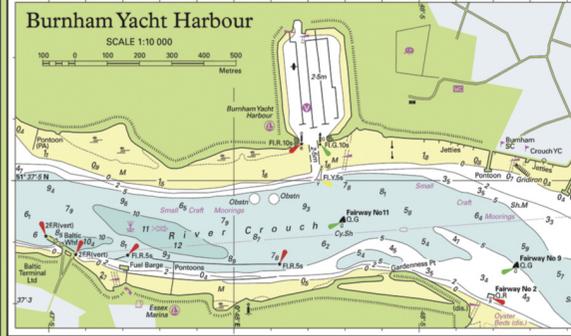
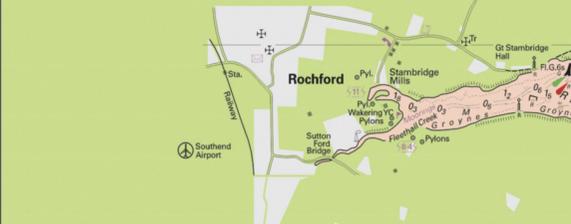
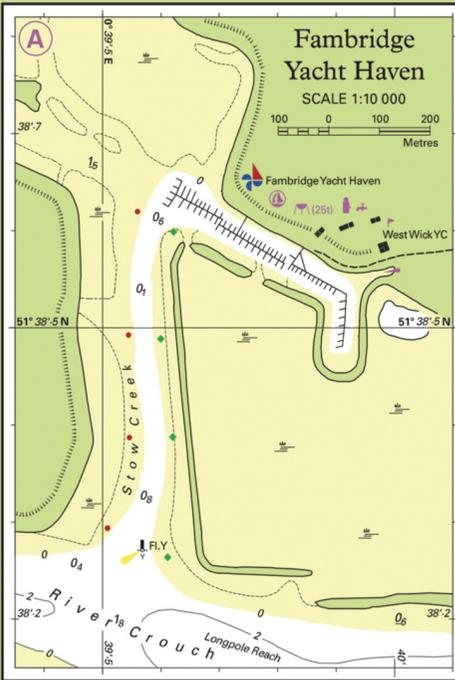
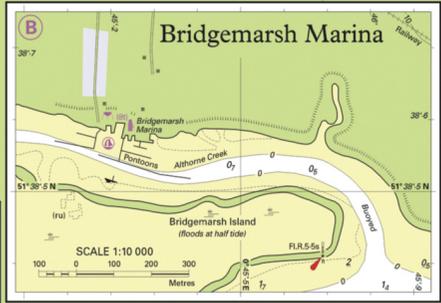
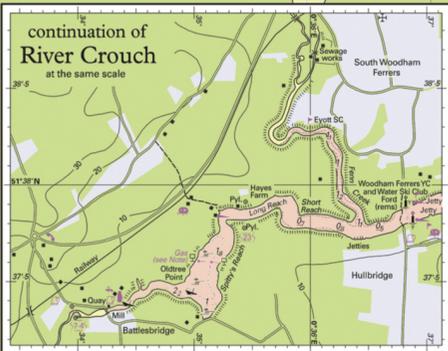
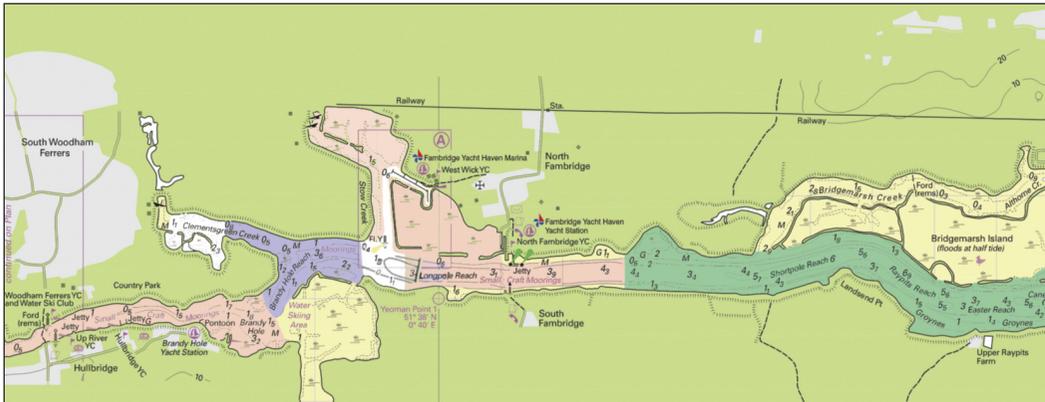


The Crouch Area Yachting Federation (CAYF) formed in 1975, represents and safeguards sailing, cruising and boating interests through clubs and associations, acting as an umbrella organisation through Club forums on the Rivers Crouch and Roach. It is currently represented on forums such as the Heads of the River Combined Clubs Committee, The Roach Sailing Association, the Roach Fairways Conservation Committee, the Crouch Harbour Authority Advisory Committee and the Crouch Harbour Authority, the RYA Eastern Region Committee, The South East Coastal Rowing Forum and other bodies with an interest in the rivers such as the Port User Group and the River Crouch Estuary Community Team.

The CAYF website has recently been upgraded; an occasional newsletter issued regularly to Clubs and Associations when there is something to say, and improved consultation commenced with the Clubs and Crouch Harbour Authority Committees and the RYA Eastern Region Committee.

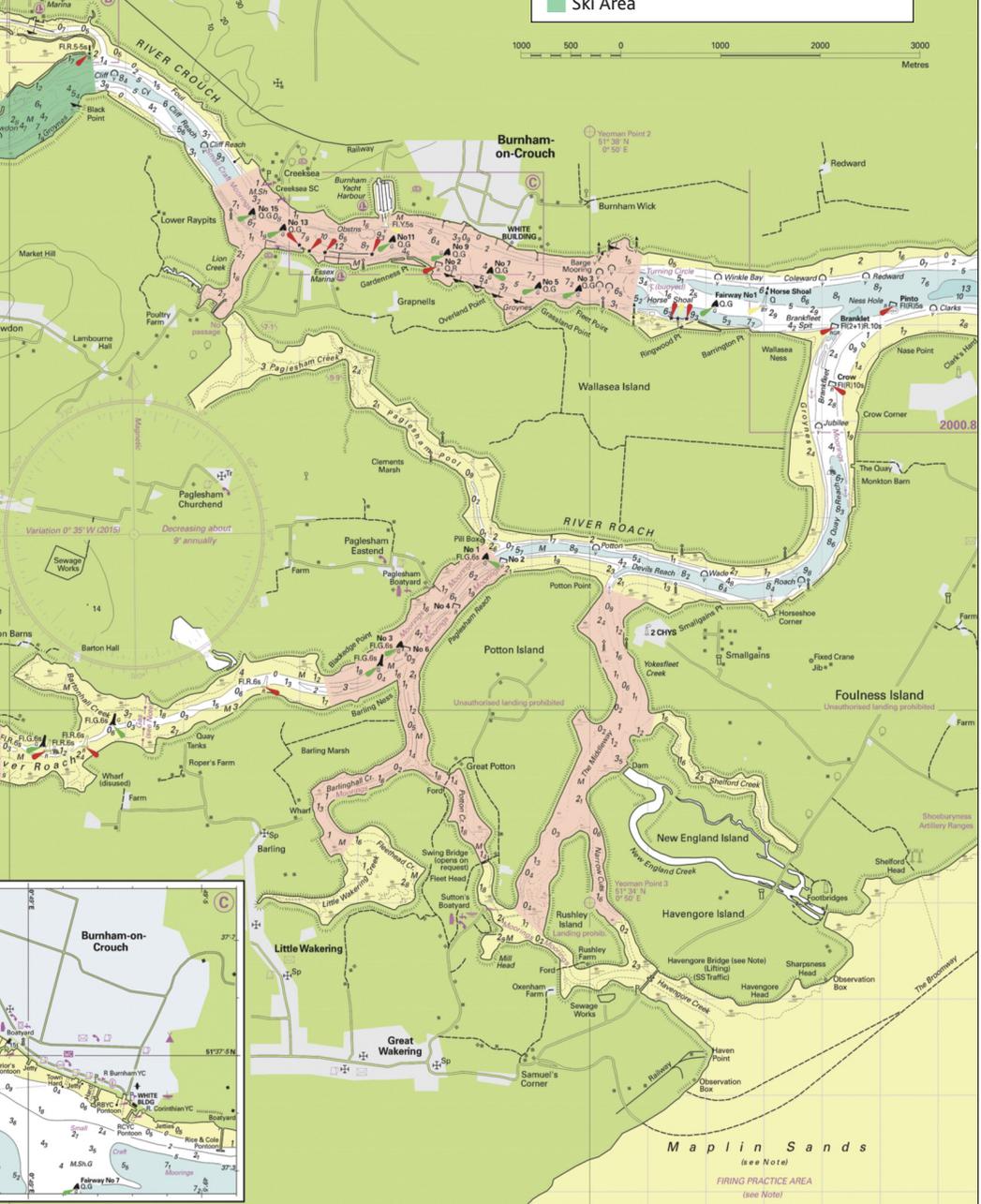
Visit the CAYF website for more information  
<http://www.cayf.org.uk>





**Key**

- 8 Knots
- South Woodham Ferrers Ski Club Ski Area
- Ski Area



Cargo vessels of up to 6.5m draught and 120m in length regularly trade to Baltic Wharf. These vessels are often constrained by their draught and ability to manoeuvre in narrow channels to COLREG No. 9]

In the areas highlighted on this chart mariners should be particularly cautious when in the proximity of a commercial vessel and give them a wide berth, not impeded in any manner and passed at a safe distance.

All ships are either under pilotage or being commanded by a CHA Pilotage Exemption Holder (PECH). All vessels over 50m in length including tug and tows are required to have a Pilot onboard whilst navigating within the CHA district.

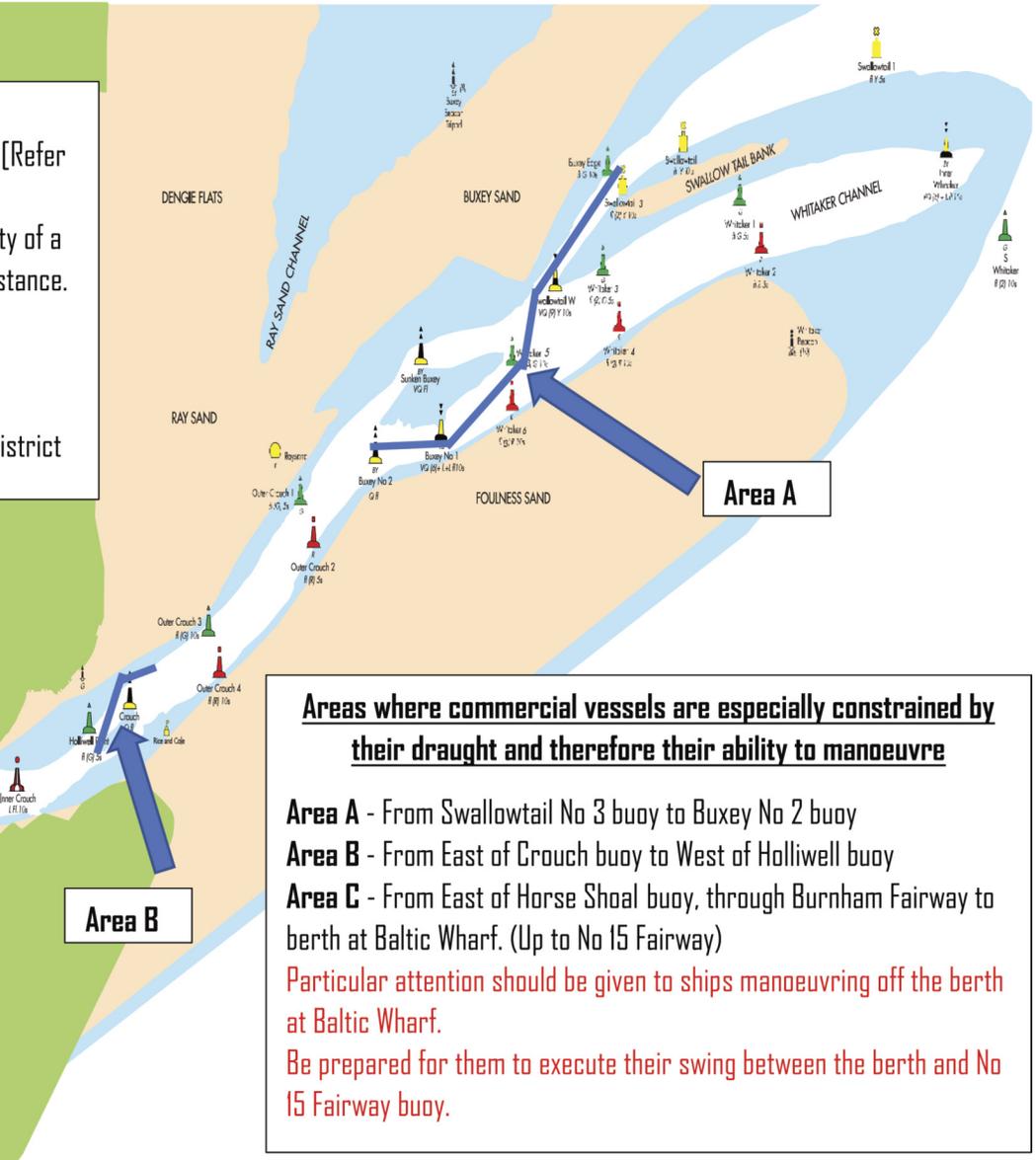
All commercial vessels maintain a listening watch on VHF channels 11 and 16 whilst within the CHA District.



# Shipping Information

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## Areas where commercial vessels are especially constrained by their draught and therefore their ability to manoeuvre

**Area A** - From Swallowtail No 3 buoy to Buxey No 2 buoy

**Area B** - From East of Crouch buoy to West of Holliwell buoy

**Area C** - From East of Horse Shoal buoy, through Burnham Fairway to berth at Baltic Wharf. (Up to No 15 Fairway)

Particular attention should be given to ships manoeuvring off the berth at Baltic Wharf.

Be prepared for them to execute their swing between the berth and No 15 Fairway buoy.

## Locations of Defibrillators



<b>SITE NAME</b>	<b>ADDRESS</b>	<b>TOWN</b>	<b>COUNTY</b>	<b>POSTCODE</b>
The Three Horseshoes	Lower Burnham Road	Althorne	Essex	CM3 6DP
Bradwell-on-Sea Community Shop & Post Office	High Street	Bradwell-on-Sea	Essex	CM0 7QN
Burnham Marina	Foundry Lane	Burnham-on-Crouch	Essex	CM0 8BL
Burnham Town Council Offices	Chapel Road	Burnham-on-Crouch	Essex	CM0 8JA
Rio Cinema	154 High Street	Burnham-on-Crouch	Essex	CM0 8HJ
Royal Corinthian Yacht Club	The Quay	Burnham-on-Crouch	Essex	CM0 8AX
The Co-operative Food	1-3 Foundry Lane	Burnham-on-Crouch	Essex	CM0 8BL
The Norton	54 Latchingdon Road	Cold Norton	Essex	CM3 6JB
Nationwide Chemical Assistance	Unit 14 Mapledean Works, Maldon Road	Latchingdon	Essex	CM3 6LG
The Red Lion Inn	47 The Street	Latchingdon	Essex	CM3 6JR
Blackwater Bar & Bistro	The Esplanade	Maylandsea	Essex	CM3 6AP
Hardy's Bar & Grill	37 Imperial Avenue	Maylandsea	Essex	CM3 6AH
The White Horse	Main Road	Mundon	Essex	CM9 6BP
Doctors Carpark	High Street	Southminster	Essex	CM0 7AY
Southminster Residential Home	Station Road	Southminster	Essex	CM0 7EW
Toilet Block	Southminster Car Park, High Street	Southminster	Essex	CM0 7A
The Rose Inn	Burnham Road	Southminster	Essex	CM0 7BL
The Queens Head	36 Queen Street	Southminster	Essex	CM0 7BB
The Kings Head	2 High Street	Southminster	Essex	CM0 7DE
The Star in Steeple	The Street	Steeple	Essex	CM0 7LF
Stone Sailing Club	Tinnocks Lane	St Lawrence	Essex	CM0 7NF
Essex Marina, Boat Sales Office	Wallasea Island	Rochford	Essex	SS4 2HF
The Old Phone Box next to the Plough & Sail Pub,	Waterside Lane	Paglesham	Essex	SS4 2EQ
WFWSC The Clubhouse	Marsh Farm Road	South Woodham Ferrers	Essex	CM3 5WP
Bradwell Marina	Tel: 01621 776235			
SWF Coastguard team's vehicle does carry a defibrillator				

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boats@boatshedessex.com  
www.boatshedessex.com



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Specialising in sailing yachts, power boats and barges, we provide an experienced, personal and professional suite of services, including:

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- Delivering boats to new locations
- Vessel Management Services (including engine servicing and repairs and work on other boat systems)

Get in touch with any query and we'd be glad to help.

Web: [www.markhammarineservices.com](http://www.markhammarineservices.com)

Phone: 07941 440846 Email: [markhamsiow@gmail.com](mailto:markhamsiow@gmail.com)

## South Woodham Ferrers Yacht Club *Founded 1975*



**We are a friendly, non-profit making, self-help, community club with superb facilities for those interested in most**

**forms of boating whether it is, motor boating, cruiser sailing and dinghy sailing, kayaking or gig rowing.**

We are situated upriver on the River Crouch, 10 miles from Chelmsford, in the rural town of South Woodham Ferrers, next to the river at the end of Marsh Farm Road. We have excellent club house facilities including recently refurbished showers, a kitchen, lounge area and workshop for use by all members.

Our activities are scheduled throughout the year, we have over 150 events ranging from: cruises to gig rows, kayak events, dinghy events and social events. If you are interested in joining us contact us on the membership page and we will be delighted to meet you face to face and chat things over.

A warm and friendly welcome awaits prospective new members, from beginners to the experienced, whatever your age group, at a very reasonable price.

Membership Benefits include:

- A thriving dinghy section with 4 Club dinghies for members use, so you don't need to own your own boat
- We will teach members to sail for free if you are a novice
- A dinghy storage park and car park
- A thriving gig rowing section, with free learn to row sessions if you're a novice
- A thriving canoe/kayak section with Club kayaks, free learn to kayak sessions for novices and storage facilities for members' kayaks
- An annual programme of over 30 activities to suit all types of boat
- 45 Club moorings for boats up to 9 metres that dry out at low water
- Well equipped clubhouse with veranda and lounge area with tea / coffee making facilities and a book and video library. Down stairs new showers, toilets and workshop on the lower deck



- A large concrete slipway and hard
- Winter storage facilities and haulage for boats up to 4 tons
- Social events throughout the year

Mr Doug MacEwen – 01245 321126  
dmacewen@btinternet.com





**The Royal Corinthian Yacht Club offers some of the best racing and sailing on the East Coast in a friendly atmosphere with a range of facilities.**

Ashore you can be sure of a warm welcome in our ground floor bar with a balcony right on the waterside. Individuals and families enjoy our full range of drinks and excellent, reasonably priced food (Wednesday and Friday nights and through the weekend) as well as an elegant First Floor Dining Room.

Get Into Sailing – whether it's your first time on the water or you are already experienced we have a wide range of boats and people to get you afloat. Racing at weekends for dinghies, Squibs, Royal Corinthian One Designs, Dragons and 707s. Friendly cruising fleet, sailing and motor boats, on the River Crouch and further afield. The Corinthian Otters – our independent junior section welcomes 7-18 year olds for training and racing up to National and International Event level in a range of dinghies.

RYA Accredited Sailing Centre with a qualified instructor for sailing and powerboat courses and individual coaching for all ages.

Moorings – afloat at all states of the tide plus space for boats ashore.

Substantial pontoon for access to moored boats and launching dinghies.

Venue – flexible space with facilities ashore and afloat for –

Corporate Charters – sailing days for corporate entertaining, team building or inter-company competition with tailored packages on our 707s. Weddings – a perfect backdrop for your special day with the ceremony and delicious food.

Venue for your functions – birthdays, christenings or conferences.

New members always welcome.

Contact: 01621 782105

Website: [royalcorinthian.co.uk](http://royalcorinthian.co.uk)

email: [info@royalcorinthian.co.uk](mailto:info@royalcorinthian.co.uk)



## Wakering Yacht Club

Founded in 1962, the club is owned/run by its members.

Situated at the "end" of the River Roach, we do not have the benefit of water at all times.

We support the club by doing the on-going maintenance of the Club ourselves. We have a bar which is open Friday nights and Sunday lunchtimes. We also have social functions throughout the year, with everyone getting

involved and helping out to make them successful.

We have boating members, mainly motor boats and also social membership.

We can accommodate visitors on our pontoons, by prior arrangement.

Telephone: 01702 542545

## Creeksea Sailing Club

The Club offers changing area with toilets, showers and car parking. All hidden from the river, the Club is definitely low profile and relaxed but attracts a keen band of enthusiastic members with a passion for sailing.

The Club has sole launching rights over our ramp, which reaches the Low Water Mark.

Most local sailors will recognize the starting hut adjacent to the slipway and the members out sailing in a variety of dinghy's all year round.



<http://www.creeksea.org.uk>

Telephone Graham Dale-Jones 07710420080

Email [csc.commodore@btinternet.com](mailto:csc.commodore@btinternet.com)

## P.J.DOWNS AND SONS



Established in 1979. Here at P J Downs & Sons we run a small family-run business, based in Langford, Essex offering transport of all types of marine craft for work and leisure.

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[peterdownsandsons@gmail.com](mailto:peterdownsandsons@gmail.com)

Website: [www.pjdownsandsons.co.uk](http://www.pjdownsandsons.co.uk)



**Founded in 1895 and receiving Royal patronage in December 1927, the Royal Burnham Yacht Club is a family club at the heart of sailing on the River Crouch. The Club is perfectly situated on the river and accessible by water, car or is walking distance from Burnham-on-Crouch train station.**

Every weekend during the Season there is racing for all classes, from our thriving one design fleet, the RBODs, to our keenly contested RS Elite fleet. The fun is not just on the water, it's off the water too. Throughout the year, the 'RB' also has a busy Social Calendar with club dinners, parties and special themed events in addition to the regular full bar and catering services.

Our Cadet section encourages children of all ages to get out and enjoy the water and we aim to provide a general introduction to the sport, whereby our youngsters will become 'sailors for life'. We generally run sessions every other Sunday. This might be on our nearby pond or racing and training on the river. And then Cadet Week held every August, which is the highlight of our sailing year. It's a phenomenal week and we pride ourselves on making it fun for the whole family, from the smallest child to teenagers, parents and through to grandparents. It embraces social and sailing activities at lots of levels, and we welcome non-members from visiting clubs.



A fabulous Burnham Week is had by all at the end of August.

Our accommodation block offers ten comfortable rooms, including singles, doubles and family rooms. All rooms have en-suite facilities, tea and coffee making supplies, fresh towels and linen and some have in room TV.

Come along and take a look around; a warm and friendly welcome awaits you! If you have any queries for any of the above please do not hesitate to contact us on 01621 782044 or at [info@rbyc.org.uk](mailto:info@rbyc.org.uk)

## Woodham Ferrers Waterski Club

The club is situated on the banks of the Crouch in the riverside town of South Woodham Ferrers. We are a friendly, non –profit club offering great facilities to anyone who is interested in water-skiing. For boat owners and their crews we offer excellent launching and secure on-site boat storage (subject to availability), and for individuals we own a “club” tournament ski boat which provides the chance not only to ski, but to share experiences with a group of like-minded people. The club boat goes out most weekends during the season.

Many of our club officers are qualified coaches who have experience in most of the skiing disciplines and who are happy to train and advise. For the drivers, we are also a test centre for the Ski Boat Driver Award (SBDA 2) qualification for ski boat drivers which is administered by British Water-ski & Wakeboard, the national governing body for our sport. This is the recognised competency qualification for drivers throughout Europe and the UK and is required by the Crouch Harbour Authority when issuing our ski licenses.

Once on the water, we have a dedicated ski area exclusive to club members. Well protected and offering two pontoons with picnic tables, a slalom course and an open ski/wakeboard area. This area is approximately 1.6 kilometres long covering almost 1 square kilometre.

Once back at the clubhouse there are three concrete wash bays with hose facilities to flush your engines, and clean your boats and ski gear.



In the club house you will also find separate male and female toilet and changing facilities with hot showers. Kitchen facilities are provided for members to make snacks, drinks etc. and there is a large lounge area plus an outdoor veranda on the upper level to enjoy the river setting.

During the season the club runs coaching days, club nights, camping weekends and barbeques. And usually an end of year event. If you are interested in joining, or just want to see if water-skiing is for you then please get in contact.

[www.wfwsc.co.uk](http://www.wfwsc.co.uk)    [membership@wfwsc.co.uk](mailto:membership@wfwsc.co.uk)

## Roach Sailing Association



The RSA is a small friendly club with members who sail, or have at some time sailed, the Roach River in Essex. Our clubhouse is the waterside, moorings, anchorages or pub. Members meet on the water for cruising and racing and for occasional social events.

[www.roachriver.org.uk/rsa](http://www.roachriver.org.uk/rsa)

## At home on the Crouch since 1898

The NFYC is a traditional yacht club, one of the oldest on the Crouch, and run for its members by its members. Today the club encourages membership for anyone who enjoys "simply messing about in boats" while also appreciating the natural peace and tranquillity of the river. Members' boats range from compact and basic through to somewhat spacious and luxurious, while their interests and activities range from a bit of racing to relaxed pottering – it is this variety that underpins the club's success and longevity. Naturally, new members are always welcome.

We have an active programme of events both on and off the water. Our activities afloat encompass friendly club racing, cruises around the Thames Estuary and East Coast, with the occasional foray further afield and, since 2019 and in partnership with Fambridge Yacht Haven, running the trot boat service around the swinging moorings. Ashore the social programme is, in normal times, largely centred on the clubhouse and includes regular club nights (with free snacks and refreshments), several seasonal dinners, and the occasional musical evening or guest speaker. As well as the clubhouse, facilities for members include a sailing dinghy, a 5-person rowing gig (training provided) and a small storage facility for boating equipment. All that with club membership fees that are probably amongst the lowest on the Crouch.

NFYC's simple clubhouse (a design by Brunel from 1850 and of some historic significance) is to be found at Yacht Haven's "Yacht Station", at the end of Ferry Road in North Fambridge. The building sits out over the water and offers extensive river views – from inside and from the



external terrace. The clubhouse is rarely open to the general public but members have 24/7 access to all of its facilities, as do visiting yachtsmen when a member is available to welcome them.

For more information, or to apply for membership, please visit us at: [www.nfyachtclub.co.uk](http://www.nfyachtclub.co.uk), or when you're next at North Fambridge, speak to the helm on the trot boat.



## Gig rowing on the River Crouch

The rowing gig evolved in Nelson's day of yesteryear when wealthy Royal Navy captains developed a smaller lighter and faster rowing boat for their personal use, between 27 and 32 feet in length (initially built at their own expense) and used to carry them from ship to ship or the shore. These boats being lighter and sleeker than the much larger Admiralty long boats and cutters, could be easily launched and needed fewer crew to row them; they were kept smart, reflecting the status of their captain or admiral. Men of war sailing ships had differing gigs according to officers rank and were coloured accordingly, for example an admirals gig was always green, a captains gig was always blue.

The pilot gig was a development from these seaworthy and fast boats, but used from shore to carry pilots out to incoming sailing ships especially in the Western Approaches coming to England. The gigs sometimes patrolled far out at sea awaiting a commission consequently Cornish Pilot Gigs are usually 32ft long whereas the Essex boats are usually 27ft. The tradition of gig racing was started in the West Country reflecting the old pilots gigs competing to get to a sailing ship first and secure the pilots fee.

There are two different types of rowing gig on the River Crouch, both rowed by a crew of four and steered by a coxswain (pronounced cox'n). The differing clubs usually fly their own distinguishing flag from the stern

- The "Spirit Class" gigs developed for rowing off Southend, fibreglass, 27ft long and simulated clinker built in fibreglass
- The Harkers Yard gigs also 27ft long are built in cold moulded wood by apprentices of the Pioneer Trust in Brightlingsea

There are three gig races held on the Crouch and open to all gig clubs. The first is the Fambridge River Festival and gig race organized by Fambridge Yacht Haven, the South Woodham Ferrers Yacht Club Gig Race and finally the Nelson Cup held during the famous Burnham Week. This main gig event in Burnham Week is on Bank Holiday Monday, racing for the Nelson Cup, to commemorate our maritime heritage and the Battle of Trafalgar and includes gigs from the South East Coastal Rowing Forum Clubs racing their different gigs.

Gig rowing is a growing activity that promotes fitness, teamwork and enjoyment on the water.



Most of the clubs have both racing and recreational rowers. The clubs have launched this initiative because they want to encourage more people to enjoy coastal rowing when you don't need to have a boat.

Interested For further information contact:  
Charles Tucker Chair  
Burnham On Crouch Coastal Rowing Club  
M.07973501455  
Web: [www.burnhamrowingclub.co.uk](http://www.burnhamrowingclub.co.uk)

## Hullbridge Mooring Holders Association

**The Association manages a mooring area on the River Crouch at Hullbridge on behalf of the Crouch Harbour Authority who set the charges. The Association is a non-profit making organisation run by a Committee who are themselves mooring holders.**

We have a combination of mud berths and deeper water moorings where LWMS depths are approximately 3'4'. Boat length is restricted by the Harbour Authority to 9 metres max.

The moorings are accessible from Ferry Road, Hullbridge or by members of the three local Yacht Clubs. Mooring Holders are responsible for providing and maintaining the mooring allotted to them.



For further details contact 07938 930396

## Eyott Sailing Club

**Eyott Sailing Club is a family oriented Dinghy Club in South Woodham Ferrers. The Club is situated at the top of Fenn Creek, on the north side of the River Crouch.**

With a sailing season starting in March and continuing right through to November, we are sure to keep you entertained. The club not only provides informal but exciting weekend racing, but also supports new members who wish to learn. Typically we sail boats under 13 feet including Heron, Miracle, Mirror and a range of Comets.

In recent years families have joined us for the great conditions and launching of canoes, as well as the Dinghy Regatta Week during August.

Eyott members also enjoy an active social life, so if you are not so keen on sailing, you can also enjoy various quiz nights, BBQ's and games evenings.

If you are looking for a fun new hobby, or are returning to a forgotten passion, contact our Commodore Mike Cowan 07795849519 Vice Commodore Gareth Lewis 07771810599 Club Email [eyottsc@gmail.com](mailto:eyottsc@gmail.com) for more information.



## Brandy Hole Moorings

**Brandy Hole Moorings is located between North Fambridge and Hullbridge and operates swinging moorings and boatyard facilities on the River Crouch. Visitor moorings are available with prior arrangement.**

We offer winter yard storage or annual storage for project boats. We can launch and recover your boat and have facilities for mast stepping

and engine lifting. We can also arrange repair work through our on-site skilled tradesmen.

Various swinging and mud berth moorings are available on a monthly or annual basis. We are always happy to show you the moorings if you call to arrange a visit.

Visit [www.brandyholemoorings.co.uk](http://www.brandyholemoorings.co.uk) for further information or call 07788 470718.

## Sutton Wharf

**Sutton Wharf, Rochford, Essex is situated at the top end of the River Roach, which is tidal with a buoyed channel into our yard.**

We have pontoon moorings/swinging moorings together with alongside berths and can accommodate up to 80ft vessels.

We have travel hoists that can lift up to 35 ton and slipway trolleys up to 50 ton at very

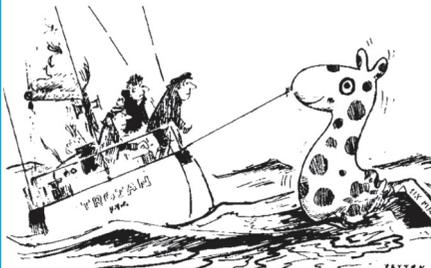
competitive rates. Our yard has CCTV and 24hr security. Water and electric points are also available in the yard.

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## Up River Yacht Club, Hullbridge, Essex



**Up River Yacht Club is situated at Hullbridge on the River Crouch, about 10 miles up river from Burnham.**

Founded in 1936, Up River YC has grown to become the leading yacht club on the south shore of the River Crouch. The clubhouse has full facilities including a large conservatory and outside deck from which members can enjoy a view of the river. There are two boat parks adjoining the clubhouse for sailing dinghies and tenders. In addition the club grounds can accommodate over 70 yachts for winter layup.

There is a large car park, accessed via a private road, which continues past the clubhouse to the river, giving direct access to the club's private slipway. Every member is entitled to keys to the gates and changing rooms so they can sail whenever the tide is right.

The club has a growing dinghy section which includes social sailing, cadet tuition and racing. The cruiser section is very active with organised rallies to the continent and the East Coast.

Membership is currently available for all types of sailing craft with moorings for yachts up to 9m/30ft. Cruiser moorings are managed by the club on behalf of the Crouch Harbour Authority. There is a half tide visitor mooring close to the club slipway.

The club bar is open Friday evenings and Sunday lunch times. In addition, the club offers a wide range of social events for members throughout the year.



With a popular fun sail, tuition, racing and cruising programme the club keeps members up to date with regular email news, a very active WhatsApp group and club website.

See [www.upriver.org.uk](http://www.upriver.org.uk) for full details.



## The Hostellers Sailing Club



**The Hostellers Sailing Club offers day sailing and dinghy cruising during the summer and country walking during the winter. The HSC suits all levels of sailing experience including complete beginners. Most members live in London/Essex/Southeast England, we also now have a few**

**in Devon. We keep a club owned Wayfarer Dinghy on a mooring at Paglesham on the River Roach in Essex.**

There is a website at <http://hostellerssailingclub.org.uk/> where more details can be found.

## The Hullbridge Yacht Club



**Founded in the early sixties the Hullbridge Yacht Club is a friendly self-help club offering good facilities for the cruising yachtsman. With easy access by road and with ample secure car parking it is located approximately 13miles from the estuary.**

Sheltered local moorings are readily available through the 'Hullbridge Mooring Holders Association' and are accessible at almost all states of the tide via the Club jetty or slipway with convenient in-season dinghy storage. Craning in and out is Club organised and ample winter layup space is adjacent to the Club House where power, water and toilet facilities are available.

The well-appointed Club House facilities include a weekend bar where refreshments are also available – new members and visitors are welcome.

For membership details or further information telephone: 07757 670492 or Email: [info@hullbridgeyachtclub.co.uk](mailto:info@hullbridgeyachtclub.co.uk)



## Burnham on Crouch Sailing Club (BSC)



**The Burnham on Crouch Sailing Club (BSC) offers a wide range of affordable, fun, and friendly water sports from sailing through to paddle boarding, kayaking and windsurfing. Our vibrant mid week racing programme attracts a variety of boats from yachts through to keelboats, as well as both single and double-handed dinghies and a growing junior fleet.**

There is something for everyone with spinnaker and non-spinnaker options, IRC, and local handicap too. We are a very family orientated club and have a very popular Friday evening session solely for our junior sailors, where they get coached and enjoy fun sessions afloat and ashore. In addition to the regular Midweek and Friday sailing programme there are many other events throughout the year including open meetings, a regatta and Commodore's Cruise as well as various socials, including the very popular fish and chip supper whilst watching the fireworks at the end of Burnham Week.

Our user-friendly pontoon provides access to the water at all states of tide and provides safe launching for all users.

The B5C is run almost entirely by its member volunteers which allows us to maintain very affordable membership rates with an ethos of encouraging new members from both sailing and non-sailing backgrounds to get involved both afloat and ashore. Come and join us. For membership details and further information visit [www.burnhamsc.co.uk](http://www.burnhamsc.co.uk)



### Biofouling – why should we be interested?

Biofouling is the accumulation of aquatic organisms such as microorganisms, plants and animals on surfaces and structures immersed in or exposed to the aquatic environment. Biofouling may also be known as hull fouling. Aquatic organisms may be transferred to new locations as biofouling and can be harmful and invasive in locations where they do not naturally occur.

The transfer of invasive organisms can threaten freshwater, brackish, and salt-water marine environments.

All recreational craft have some biofouling even if recently cleaned or anti-fouled, the amount being influenced by factors such as: -

- Type, age and condition of anti-fouling coatings and hull cleaning practices.
- Operating speeds, time underway/time moored, water temperature and where vessel is normally kept.
- Places visited.

Actively minimising the biofouling on your craft will greatly reduce the risk of transferring invasive aquatic species as well as improving fuel efficiency and operating speeds.

### Example of a INNS – The Chinese Mitten Crab



#### **Invasive Non-Native Species [INNS] can damage our Harbour.**

Non-Native Species are plants and animals outside their native range, they have been released into the wild by humans, either deliberately or accidentally for hundreds of years.

With increased worldwide travel more species are being moved in greater quantities than ever before. Non-Native Species can become Invasive and therefore a problem when they outgrow, kill or outcompete local species and consequently lead to substantial financial costs for fisheries, agriculture and the broader leisure & commercial marine sectors. Further damage can be sustained to local species and habitats which can impact on the food chain and biodiversity.

To help minimise this problem you can assist by cleaning vessels bottom, prop, shaft, water inlets and outlets as often as possible and disposing of removed fouling in a bin rather than placing back in the water.





The River Crouch is an incredible place for wildlife and people to enjoy side-by-side. Wildlife can be seen using the dykes and seawalls as well as the river edges and mudflats.

There are many different species of waders, ducks and geese that can be seen during the winter, accumulating in their thousands to feed on the mud and roost on islands and saltmarsh. It takes a lot of energy to stay warm and fed in the winter so try not to disturb feeding or roosting birds as this uses up their essential energy supplies. And please remember, dogs disturb wildlife too so keep them under control.

Some birds come here to breed during the summer months nesting, for example, on the shingle beaches or the saltmarsh. Little Terns, Oystercatchers and Ringed Plovers are three species that are becoming increasingly uncommon breeders on the Essex coast, but are easily disturbed making them more vulnerable to predators and the cold.



**Little Tern** Kevin Simmonds (rspp-images.com)



**Ringed plover** Andy Hay (rspp-images.com)



**Oystercatcher** Paul Turner (rspp-images.com)

## How you can help

- 1. Know where they are** – by familiarising yourself with potential breeding locations you can help reduce disturbance to a nesting site and know to look out for their camouflaged nests.
- 2. Respect zoned off areas** – areas with signage and rope are “no go” zones from April-August as these sites are protected for wildlife.
- 3. Avoid disturbance by boat** – reduce the disturbance on the water by only landing boats on designated moorings and landing areas, keep water sports away from the shoreline, respect speed limits and minimise noise near breeding sites.
- 4. Back away if you disturb a breeding species** – short, sharp alarm calls, birds with full beaks or coming unusually near to you usually mean you are too close to young or eggs, which can often be very well hidden. If you see any of this behaviour you should back up the way you came to avoid any risk of disturbing or injuring young, being careful to watch where you tread.
- 5. Raise awareness and report bad behaviour** – help spread the work about the importance of our coastline for beach-nesting birds and how everyone can help these endangered species by following these clear guidelines. If you do see evidence of wildlife crime, then please do report this to your local wildlife crime officer using the police 101 number.

To find out more about the project and to download our leaflets and posters, visit [www.essexwt.org.uk/share-our-shores](http://www.essexwt.org.uk/share-our-shores). If you have any questions, please contact us at [shareourshores@essexwt.org.uk](mailto:shareourshores@essexwt.org.uk)

# Wallasea Island Wild Coast Project

## What is the Wallasea Island Wild Coast Project?

The Wallasea Island Wild Coast Project has transformed 670 hectares of arable farmland into lagoons, mudflats, saltmarsh and coastal grassland. It now provides habitat for over 30,000 wetland birds in the winter and large nesting colonies of Avocets, Common Terns and Black-headed Gulls in summer. The network of trails with viewpoints now brings in approximately 30,000 visits each year.



Allfleets Marsh trail looking east © Malcolm Ausden

## Why was the Wallasea Island Wild Coast Project needed?

Four hundred years ago there were 30,000ha of wildlife-rich saltmarsh around the Essex coast. Now, saltmarsh is rare, with just 2,500ha left. That's a loss equivalent to 39,000 football pitches!

Sadly, this rate of saltmarsh loss will only increase with climate change. Rising sea levels steadily erode the precious mudflats between land and sea and the food-rich environment will be lost to our wildlife forever.

The Wallasea Island Wild Coast Project aims to re-create some of this lost landscape and save it, both for the incredible wildlife that relies on it and for the people that relish it for its restorative benefits and for the pleasure of seeing such places exist.

## What habitats have been made?

Jubilee Marsh at the east of the reserve was created with the help of Crossrail material and is open to the tide, creating mud flats and developing saltmarsh, both attracting waders and waterfowl in the winter in their thousands.

Further west there are a mix of saline lagoons, all managed slightly differently to try to provide a variety of different conditions suiting many species. These also attract huge numbers of birds in the winter and the island within them are safe refuges for breeding water birds. The reserve is now one of the largest colonies of Avocets in England and in the summer the 1500 pairs of Black-headed Gulls can be heard across the site. Common Terns are increasing in number each year, good to see when they are declining in other areas.



Common Tern © Ben Andrew rspb-images.com

There are two large areas of wet grassland which provide good browsing for geese and Wigeon in winter whilst being good breeding areas for Lapwing and Redshank in summer.

## News on the wildlife

Wintering birds enjoy the feeding and roosting found on Jubilee Marsh and the new lagoons across the reserve. There are now internationally important numbers of Shoveler, Grey Plover, Bartailed Godwit and Knot and nationally important numbers of Pintail, Black-tailed Godwit, Golden Plover and Dunlin.

Visitors enjoy the good views of raptors in winter with Short-eared Owl, Marsh Harrier and Hen Harrier all regular sightings. Some years visitors haven't even had to leave their cars to get really good views of these birds hunting the grassland.

Other birds are beginning to spend more time like the Spoonbill. Wallasea Island was the only site in the east of England where these birds overwintered – the lagoons must have held a good source of food all winter for them to stay.

In addition to the waterbirds already mentioned, Corn Buntings, Skylarks and Yellow Wagtails continue to breed in good numbers and are enjoying the mix of grassland, bare ground and weedy species currently found on the reserve.

Each year we undertake cutting along the seawalls and other grass areas to try to maximise the areas of flower-rich grassland. Currently Red Clover and Lesser Birds Foot Trefoil abound, and these provide really good nectar sources for bees such as the Shril Carder Bee, a rarity but locally common on some Essex seawalls.

Common seals are often seen investigating the breaches and Jubilee Marsh. Water voles continue to do well in the new habitat as well as existing ditches and borrowdykes, whilst the numbers of butterflies and dragonflies have also risen.

### **What is there for visitors?**

Wallasea Island is an amazing space for people too, with wildlife spectacles galore and a chance to relax in the wilds of Essex. The length of trails now exceeds 13km. New Pool trail, the most recent to open, allows visitors to cut east/west across the reserve but will only be open August-February, to protect important breeding areas on the wetlands.

Caroline's Hide which overlooks the Beagle Lagoons will now hopefully have better views in summer of the breeding birds as works this year has made some islands closer to the hide. Works have also improved the habitat in Acresfleet Lagoons, the lagoons closest to the car park.

We would like to thank the Crouch Harbour Authority for their continued support and positive engagement with the Wallasea Island Wild Coast Project.

**Rachel Fancy**  
**RSPB Wallasea Island Site Manager**  
**August 2022**



*Flower-rich areas – good nectar sources for butterflies and bees © Malcolm Ausden*



### How to Find Us

The reserve is located on the northern shore of the River Crouch with North Fambridge to the west and Bridgemarsh Island to the east. The reserve is a short fifteen minute walk from North Fambridge Railway Station for trains to London and Burnham-on-Crouch. The car park for the reserve is located at the end of Blue House Farm Chase off Fambridge Road, postcode CM3 6GU.

### What to Do

**Walks** – Visitors can enjoy a walk through the reserve on an approximate 4km loop. Starting from the car park, the permissive footpath through the reserve passes three bird hides and takes you onto the public footpath at the sea wall. The loop takes you back towards the reserve's car park along the River Crouch. For a longer walk, follow the sea wall footpath to Althorne (7.5 km) or Burnham-on-Crouch (14 km) and then take the train back to North Fambridge.

**Bird Hides** – The first bird hide nearest the car park overlooks the flooded fields which are protected for breeding birds by an electric fence. During the spring and early summer months, the islands in front of this hide offer great viewing of nesting waders and gulls. The remaining two bird hides offer spectacular viewing over large areas of flooded ground known as the fleets. The most inland of the fleets dries out during the spring and summer, exposing wet mud which is important feeding habitat for wading birds. The fleet nearer the sea wall is deeper, staying wet all year round. It supports diving duck such as Tufted Duck and Little Grebe.



**Species to See** – At any time of the year, it is worth spending 20-30 minutes in a hide, either early in the morning or at dusk, when there is a good chance of seeing a Marsh Harrier hunting low over the reed beds or a Barn Owl gliding silently across the fields. The reserve has five Barn Owl boxes, with 2-3 pairs of Barn Owl successfully nesting each year. Other birds of prey seen include Hobby and Peregrine.

The flooded fields provide important habitat for breeding birds such as Redshank, Lapwing and Avocet. The grassland habitats also support farmland birds of conservation importance such as Yellow Wagtail, Skylark and Corn Bunting. The bubbling song of rising Skylarks fills the air over hay meadows in the spring and early summer.

The reserve is important for overwintering waders such as Dunlin, Lapwing, Redshank, Black-tailed Godwit and Curlew, in addition to ducks such as Wigeon, Teal, Pintail and Shelduck. On a winter's day, large flocks of Brent geese can be seen moving up and down the Crouch estuary and onto the reserve to graze on the flat grasslands and bathe in the fleets. Around 2000 Brent geese come to the area during winter. Amazing aerial displays from Teal, Wigeon, and Golden Plover can also be seen. Species which are rarer for the area have been known to find their way to the reserve, including Great White Egret, Cattle Egret and Spoonbill!

Blue House Farm is a great place to see Brown Hare, which is the UK's fastest land mammal, reaching speeds of 35 mph. There is also a good population of Water voles on the reserve, and when passing ditches, it is worth looking out for Water voles and listening for the characteristic "plop" sound of them entering the water.



**Spectacular views** – Blue House Farm is situated low on the marshes and the views from the sea wall with the estuary stretching out before you can be truly spectacular. If returning via the sea wall to North Fambridge as dusk approaches, you could be treated to one of the best sunsets in Essex!

**PLEASE NOTE:** No dogs are allowed on the permissive footpath due to potential disturbance of key wildlife areas. The reserve can become very wet and muddy during the winter – walking boots or wellingtons are advised.

### History and Management

Blue House Farm is a grazing marsh comprising an array of important wetland habitats that includes wet grassland, fleets (large areas of open water fed by ditches), flooded fields, freshwater ditches and brackish dykes. Essex Wildlife Trust is managing this reserve to conserve and increase the wildlife that it supports. This involves maintaining high water levels and balancing good livestock farming with good conservation practice. Installation of sluices, earth bunds and a wind-powered water pump has been undertaken to retain freshwater behind the sea wall and raise the water levels. This provides important winter and breeding habitats for a range of birds, primarily geese, ducks and waders.



Blue House Farm is notified as a Site of Special Scientific Interest (SSSI) and is internationally important for wildlife, particularly for overwintering birds, coastal plants and insects.

Towards the eastern end of the reserve the remains of a WWII V2 rocket can be seen from the sea wall. Only a small amount of the wreckage can be seen above ground which is a component located at the base of the rocket. It's likely the remains of a rocket fired on the 9th October 1944 that disintegrated at high altitude and impacted on marshland which formed part of Hydemarsh Farm. It was reported that one house in nearby Southminster was slightly damaged by a falling fragment.

Our changing climate and hotter, drier weather means wet grassland is drying out early each spring. Birds like lapwing and redshank that rely on this habitat have experienced national declines of 43% in just 25 years.

With generous funding from Biffa Award, Essex Wildlife Trust is working to transform over 40 hectares of the reserve into an improved wetland by 2023. The project will adapt the landscape to create shallow-profiled scrapes and remove agricultural drains, ready to collect water over the winter months.



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- Racing for IRC, cruisers, multihulls, keelboats and dinghies.
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**03300 969 819**  
[www.burnhamweek.com](http://www.burnhamweek.com)

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# Directory

## Crouch Harbour Authority

01621 783602

### DOCTORS

Burnham Surgery 01621 782054  
 Blackwater Medical Centre, Maldon 01621 876760  
 South Woodham Ferrers Surgery 01245 328040  
 Rochford Medical Practice 01702 533750  
 Riversley Medical Centre, 175 Ferry Road, Hullbridge, SS5 6JH 01702 230555

### DENTISTS

Burnham Dental Practice 01621 782644  
 Three Elms Dental Practice 01621 850312  
 Brickfields Dental Care 01245 328040  
 Oak Dental Rochford 01702 544275

### TAXIS

Astro Cabz 01621 742444  
 007 Taxis 01621 783007  
 CM3 Cars 01245 328818  
 Andrews Taxis in Rochford 01702 200200

### BOAT SALES

Boatshed Essex 01621 744842  
 Clarke & Carter 01621 785600  
 Boats Ltd 01702 258885  
 Northsea Maritime 01702 584821  
 IBS Boat Supplies 01621 744250

### CHANDLERS

Marine Store 01621 783090  
 Anodes Direct 07787 566816  
 Yachting Solutions 01621 786936  
 Boatacs 01702 475057  
 TCS Chandlers at Essex Marina 01702 258094  
 RWO Performance Sailing 01268 566666

### MARINE CONTRACTORS, TOWAGE, PILE DRIVING, DREDGING ETC.

Crouch River Services – Harry Lymer 01621 784006/07736 372226  
 Predator Charters Marine Limited – Stewart Olley 01702 613500/07958664602

### MECHANICAL / ELECTRICAL ENGINEERS

Volspec 01621 869756  
 Althorne Marine Services 07939 100822  
 Dave Oakman Marine Services 07875 293087  
 Mantsbrite UK 01621 853003  
 Battlesbridge Boat Works 07553 400911  
 French Marine 01206 302133  
 Darren Phillips 07976 756350

### FIRE PROTECTION

Reliable Fire Protection 01702 715226

### BOAT TRANSPORTATION

Peter Downs 07860 641174  
 Coast 2 Coast 07861 661973  
 A1 Transport 07710 389467  
 Darren Phillips 07976 756350

### LPG INSTALLATIONS / REPAIRS

Gas Afloat 07957 422262  
 Frank Jenson 07778 808380

### ROPE & RIGGING

D.R.S. Rigging 07796 032564  
 T.C.S. Rigging 01621 874861

### SAIL & COVER MAKERS

Lonton & Gray 01621 786200  
 Dolphin Sails 01255 243366  
 Cover Evolution 07814740486  
 ADM Sails 01621 851663  
 North Sea Sails 01621 869367  
 W Sails 01702 714550  
 Gowen Sails 01206 384412

### MARINAS, BOATYARDS & MOORINGS

Fambridge Yacht Haven Ltd 01621 740370  
 Burnham Yacht Harbour 01621 782150

Essex Marina 01702 258531  
 Bridgemarsh Marina 01621 740414  
 Priors Houseboats Limited 01621 782160  
 Rice & Cole 01621 782063  
 Sutton Wharf, Rochford 01702 546147/07765 398126

Brandyhole Moorings & Boatyard 01702 231496/07788 470718  
 Battlesbridge Moorings 01268 769000  
 Wakering Boatyard 01702 219422  
 Hullbridge Mooring Holders Association 07938 930396

### YACHT & BOAT REPAIRS

Brookland Marine Ltd 07927 490189  
 Refit Marine Services 01621 742622  
 Lloyd Nicholls (Shipwright) 07796 452712  
 Falcon Blast (Shot Blasting) 07710 343281  
 Burnham Yacht Harbour 01621 782150  
 Priors Houseboats 01621 782160  
 Rice & Cole 01621 783063

### MARINE TUITION

Estuary Sailing 01621 742622  
 First Class Sailing 01621 928084  
 Markham Marine Services 07941 440846

### SURVEYORS

Toby Lester surveying 07917 390005  
 Joe Kershaw 07770 520737  
 South East Yacht Surveys 01621 782998  
 Paul Homer 07836 224605  
 Steve Moffat 07854 226638  
 Amazon Marine 07970 733546

### LIFERAFT SERVICES

Premium Liferaft Services 01621 784858

### FERRY – BURNHAM/WALLASEA

Burnham Ferry 07704 060482

### RESTAURANT, PUBS & BARS

The Ferry Boat Inn 01621 738844  
 Ye Olde White Hart 01621 782106  
 The Swallow Tail 01621 785505  
 The Polish 01621 782233  
 Sgt Peppers 01621 786500  
 Curry Cottage 01621 781118  
 Dhan Shiri 01621 785785  
 Ruam Thai 01621 782965  
 Golden Dragon 01621 782230  
 New Welcome Sailor (Inn) 01621 784778  
 The Star Inn 01621 782010  
 The Queens Head (Inn) 01621 784825  
 The Victoria Inn 01621 783585  
 The Punchbowl Inn 01702 258376  
 The Plough and Sail Inn 01702 258242  
 The Anchor Restaurant & Bar 01702 230777  
 Simla Tandoori Restaurant 01702 231523  
 The Barge Inn 01268 732622  
 The Hawk Inn 01268 767263  
 Brandy Hole Restaurant 01702 230320  
 Shampan (Indian), Rochford 01702 541717  
 Chinese Tonight, Hockley 01702 202918

### YACHT CLUBS

Royal Burnham Yacht Club 01621 782044  
 Royal Corinthian Yacht Club 01621 782105  
 Burnham Sailing Club enquiries@burnhamsc.co.uk  
 Up River Yacht Club 01702 204578  
 Eyott Sailing Club 01245 321986  
 Creekeea Sailing Club 01621 781043  
 South Woodham Ferrers Yacht Club 01245 123456/07866 945517  
 Great Wakering Yacht Club 01702 542545  
 Essex Marina Yacht Club 07966 000346  
 North Fambridge Yacht Club www.nfyachtclub.co.uk

# BURNHAM-ON-CROUCH TIDE TABLES 2023

LAT 51°37' N LONG 0°48' E

TIME ZONE UT(GMT/BST) TIMES AND HEIGHTS OF HIGH AND LOW WATERS



January			February			March				
Time	m	Time	m	Time	m	Time	m	Time	m	
1 Su	0120 0727 1411 2170	16 M	0001 0620 1303 1909	1.18 4.44 0.91 4.25	1 W	0251 0906 1535 2142	0.98 4.18 0.89 4.28	16 Th	0118 0757 1454 2054	1.40 4.06 1.21 3.98
2 M	0225 0833 1512 2115	17 Tu	0108 0725 1412 2016	1.29 4.33 0.96 4.40	2 Th	0403 1012 1634 2239	0.86 4.28 0.89 4.42	17 F	0329 0934 1622 2213	1.33 4.15 1.01 4.20
3 Tu	0330 0936 1607 2209	18 W	0229 0841 1525 2126	1.31 4.32 0.91 4.47	3 F	0504 1109 1724 2330	0.68 4.42 0.85 4.56	18 Sa	0454 1048 1723 2315	0.91 4.52 0.70 4.56
4 W	0429 1032 1658 2300	19 Th	0351 0955 1633 2231	1.15 4.49 0.77 4.64	4 Sa	0555 1157 1808	0.50 4.54 0.81	19 Su	0553 1148 1813	0.41 4.96 0.41
5 Th	0522 1123 1743 2346	20 F	0502 1100 1732 2329	0.84 4.79 0.59 4.87	5 Su	0015 0639 1241 1844	4.67 0.39 4.60 0.78	20 M	0008 0644 1239 1859	4.92 -0.03 5.32 0.19
6 F	0610 1210 1824	21 Sa	0601 1158 1824	0.47 5.11 0.42	6 M	0054 0716 1317 1913	4.71 0.34 4.61 0.76	21 Tu	0054 0730 1326 1941	5.21 -0.34 5.53 0.06
7 Sa	0029 0653 1252 1857	22 Su	0021 0654 1251 1912	5.08 0.12 5.37 0.30	7 Tu	0124 0748 1346 1937	4.73 0.33 4.62 0.71	22 W	0138 0814 1410 2022	5.40 -0.50 5.59 0.04
8 Su	0105 0730 1329 1922	23 M	0110 0744 1342 1958	5.23 -0.15 5.53 0.24	8 W	0149 0815 1413 2003	4.76 0.34 4.68 0.66	23 Th	0218 0855 1453 2101	5.47 -0.48 5.49 0.10
9 M	0133 0801 1359 1944	24 Tu	0156 0832 1430 2042	5.32 -0.32 5.58 0.24	9 Th	0215 0844 1443 2035	4.84 0.35 4.78 0.62	24 F	0258 0936 1535 2139	5.42 -0.33 5.27 0.23
10 Tu	0157 0827 1427 2014	25 W	0240 0918 1517 2126	5.33 -0.38 5.50 0.30	10 F	0248 0916 1520 2109	4.92 0.38 4.85 0.63	25 Sa	0338 1015 1616 2218	5.27 -0.07 4.97 0.41
11 W	0227 0858 1501 2051	26 Th	0324 1004 1603 2209	5.27 -0.31 5.33 0.41	11 Sa	0325 0981 1600 2146	4.95 0.45 4.84 0.70	26 Su	0418 1054 1658 2259	5.02 0.25 4.62 0.62
12 Th	0305 0936 1541 2132	27 F	0408 1050 1651 2255	5.13 -0.15 5.08 0.54	12 Su	0407 1030 1645 2225	4.90 0.57 4.73 0.84	27 M	0502 1135 1744 2344	4.67 0.60 4.26 0.85
13 F	0348 1018 1626 2217	28 Sa	0454 1138 1741 2343	4.94 0.08 4.80 0.70	13 M	0452 1112 1733 2309	4.75 0.75 4.52 1.02	28 Tu	0552 1221 1836	4.27 0.93 3.94
14 Sa	0434 1106 1715 2306	29 Su	0545 1229 1835	4.69 0.35 4.53	14 Tu	0542 1202 1827	4.53 0.96 4.27	13 M	0341 0949 1613 2153	4.94 0.54 4.71 0.66
15 Su	0524 1200 1809	30 M	0036 0644 1325 1935	0.86 4.43 0.60 4.33	15 W	0003 0640 1312 1932	1.22 4.26 1.16 4.04	14 Tu	0424 1026 1657 2236	4.77 0.73 4.44 0.83
		31 Tu	0138 0753 1429 2039	0.96 4.24 0.79 4.24				15 W	0512 1112 1747 2328	4.50 0.97 4.12 1.05
								16 Th	0607 1211 1845	4.17 1.24 3.81
								17 F	0032 0722 1346 2015	1.27 3.88 3.42 3.65
								18 Sa	0303 0920 1603 2154	1.32 3.95 1.21 3.89
								19 Su	0439 1036 1703 2257	0.85 4.40 0.82 4.34
								20 M	0534 1131 1752 2347	0.35 4.87 4.47 4.78
								21 Tu	0622 1219 1835	-0.05 5.22 0.21
								22 W	0031 0705 1303 1915	5.12 -0.29 5.41 0.07
								23 Th	0112 0745 1344 1954	5.34 -0.36 5.43 0.03
								24 F	0151 0823 1423 2030	5.41 -0.27 5.31 0.09
								25 Sa	0228 0858 1500 2105	5.36 -0.06 5.08 0.21
								26 Su	0405 1030 1636 2239	5.20 0.21 4.79 0.38
								27 M	0442 1103 1711 2315	4.93 0.51 4.48 0.58
								28 Tu	0521 1136 1747 2354	4.57 0.81 4.17 0.79
								29 W	0604 1215 1826	4.17 1.09 3.86
								30 Th	0040 0655 1302 1915	0.99 3.76 3.58 3.35
								31 F	0138 0823 1403 2108	1.16 3.46 1.53 3.43

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# Enjoy peace and tranquility close to the River Crouch

Whether you are interested in serious yacht racing or enjoy simply messing about in boats, relaxing in the comforts of your own holiday home in a secluded country setting yet close to a yachting town, the answer is here at Rice & Cole Boatyard and Caravan Park.

Rice & Cole is a friendly, family run business, where the emphasis is on providing a personal service. Comprising of a boat yard and caravan park, ideally situated on 12 acres of land in close proximity to the River Crouch in Essex.

Burnham is a charming river town and a well-known yachting centre second only to Cowes.

It is home to both the Royal Corinthian Yacht Club and the Royal Burnham Yacht Club and has a good selection of shops, restaurants and pubs. We offer 171 fully serviced pitches for owner occupied caravan holiday homes; our site rental charge is highly competitive.

- Deep water and swing moorings available
- Floating pontoon with fresh water and electricity
- Free launch service
- Yacht repairs and maintenance
- Rigging made to order
- Toilet and shower block with laundry facilities
- Craneage for Boats up to 35ft
- Purpose Built Spray Shop for boats up to 36ft, Boat Repairs and Osmosis Treatment

## Mooring and storage charges for 2022/2023

### Deep water moorings

Prices available upon request and built around your needs

Available from 1/4/2022 to 31/3/2023 (minimum period 9 months)

### Finger berths

Prices available upon request and built around your needs

Boats up to 17ft. Available from 1/4/2022 to 31/3/2023 (minimum period 9 months)

For those not requiring winter storage, the above prices may be reduced by 20%. Please see our website for further details on all our availabilities for Mooring, Hauling, Storage & Facilities.

Sea End Boathouse,  
Burnham On Crouch,  
Essex CM0 8AN

Telephone:  
+44 (0)1621 782063

Email:  
info@riceandcole.co.uk



Visit our website: [www.riceandcole.co.uk](http://www.riceandcole.co.uk)



# BURNHAM-ON-CROUCH TIDE TABLES 2023

LAT 51°37' N LONG 0°48' E

TIME ZONE UT(GMT/BST) TIMES AND HEIGHTS OF HIGH AND LOW WATERS



July			August			September		
Time	m		Time	m		Time	m	
1 Sa	0523 1130 1748 2355	0.56 4.68 0.84 4.72	16 Su	0003 0629 1230 1857	4.73 0.44 4.74 0.26	1 Tu	0039 0706 1303 1936	4.92 0.38 4.91 0.10
2 Su	0620 1224 1847	0.46 4.86 0.60	17 M	0054 0715 1317 1945	4.79 0.49 4.77 0.20	2 W	0133 0755 1352 1922	5.27 0.20 5.14 -0.23
3 M	0050 0712 1315 1941	4.96 0.37 5.00 0.35	18 Tu	0142 0757 1400 2028	4.78 0.56 4.74 0.21	3 Th	0222 0840 1437 2112	5.51 0.09 5.30 -0.45
4 Tu	0142 0801 1404 2032	5.16 0.32 5.10 0.12	19 W	0224 0830 1435 2106	4.70 0.65 4.67 0.28	4 F	0309 0924 1521 2157	5.63 0.04 5.38 -0.55
5 W	0232 0848 1450 2121	5.29 0.30 5.13 -0.05	20 Th	0258 0856 1502 2136	4.59 0.72 4.62 0.37	5 Sa	0355 1006 1603 2241	5.62 0.06 5.37 -0.51
6 Th	0321 0933 1535 2209	5.35 0.31 5.13 -0.15	21 F	0327 0918 1525 2202	4.52 0.73 4.64 0.43	6 Su	0440 1048 1646 2326	5.49 0.14 5.28 -0.36
7 F	0409 1018 1620 2257	5.32 0.38 5.05 -0.19	22 Sa	0354 0947 1555 2231	4.53 0.70 4.70 0.46	7 M	0526 1131 1730 2411	5.26 0.26 5.11
8 Sa	0459 1105 1706 2348	5.23 0.41 5.01 -0.15	23 Su	0428 1022 1633 2308	4.58 0.70 4.74 0.49	8 Tu	0012 0613 1218 1819	-0.11 4.97 0.43 4.86
9 Su	0549 1154 1754	5.08 0.49 4.90	24 M	0509 1103 1715 2351	4.62 0.75 4.72 0.56	9 W	0100 0705 1309 1914	0.18 4.66 0.61 4.56
10 M	0039 0642 1245 1848	-0.06 4.91 0.57 4.76	25 Tu	0554 1147 1803	4.60 0.85 4.63	10 Th	0155 0803 1409 2021	0.49 4.37 0.77 4.29
11 Tu	0134 0739 1342 1947	0.07 4.74 0.65 4.63	26 W	0039 0643 1236 1854	0.67 4.51 0.99 4.48	11 F	0300 0909 1523 2140	0.73 4.20 0.83 4.17
12 W	0234 0839 1445 2053	0.21 4.61 0.89 0.59	27 Th	0134 0739 1336 1954	0.80 4.37 1.14 4.31	12 Sa	0415 1019 1644 2253	0.84 4.21 0.72 4.27
13 Th	0337 0941 1554 2201	0.32 4.57 0.66 0.55	28 F	0240 0843 1451 2106	0.90 4.25 1.24 4.20	13 Su	0520 1121 1750 2354	0.82 4.35 0.50 4.46
14 F	0440 1041 1702 2305	0.38 0.60 0.54 0.63	29 Sa	0354 0956 1618 2227	0.92 4.24 1.17 4.28	14 M	0615 1216 1844	0.73 4.54 0.28
15 Sa	0538 1138 1803	0.41 0.68 0.39	30 Su	0509 1106 1738 2339	0.81 4.39 0.89 4.56	15 Tu	0045 0700 1304 1930	4.63 0.66 4.69 0.14
			31 M	0612 1209 1841	0.60 0.64 0.50			
						16 W	0131 0741 1345 1910	4.73 0.62 4.76 0.10
						17 Th	0210 0814 1421 2044	4.73 0.62 4.75 0.14
						18 F	0242 0840 1446 2111	4.69 0.63 4.72 0.21
						19 Sa	0308 0902 1509 2136	4.67 0.62 4.75 0.27
						20 Su	0333 0928 1536 2203	4.72 0.59 4.82 0.33
						21 M	0403 1000 1609 2236	4.79 0.59 4.86 0.40
						22 Tu	0441 1034 1648 2312	4.82 0.64 4.84 0.53
						23 W	0522 1121 1731 2353	4.74 0.76 4.71 0.71
						24 Th	0609 1155 1820	4.56 0.94 4.50
						25 F	0041 0700 1247 1915	0.93 4.30 1.14 4.22
						26 Sa	0145 0800 1358 2026	1.16 4.03 1.32 3.98
						27 Su	0320 0920 1555 2206	1.27 3.89 1.31 4.01
						28 M	0457 1048 1730 2327	1.10 4.05 0.91 4.39
						29 Tu	0602 1154 1830	0.77 4.42 0.40
						30 W	0027 0653 1247 1921	4.88 0.44 4.82 -0.07
						31 Th	0118 0739 1333 2007	5.31 0.18 5.16 -0.41
						1 F	0205 0821 1416 2050	5.60 0.01 5.40 -0.59
						2 Sa	0248 0901 1457 2132	5.72 -0.06 5.51 -0.61
						3 Su	0331 0941 1537 2212	5.67 -0.03 5.51 -0.47
						4 M	0412 1020 1618 2251	5.49 0.07 5.38 -0.21
						5 Tu	0454 1100 1700 2332	5.19 0.24 5.13 0.13
						6 W	0537 1142 1745	4.83 0.45 4.78
						7 Th	0014 0623 1229 1836	0.51 4.44 0.69 4.36
						8 F	0102 0716 1324 1943	0.89 4.07 0.92 3.95
						9 Sa	0202 0829 1439 2118	1.20 3.81 1.05 3.78
						10 Su	0330 0954 1618 2239	1.36 3.82 0.96 3.94
						11 M	0453 1102 1727 2337	1.27 4.05 0.69 4.23
						12 Tu	0549 1155 1818	1.07 4.34 0.43
						13 W	0026 0634 1241 1900	4.49 0.89 4.58 0.25
						14 Th	0108 0712 1321 1936	4.66 0.75 4.73 0.17
						15 F	0144 0744 1354 2008	4.75 0.66 4.78 0.16
						16 Sa	0214 0810 1420 2035	4.77 0.62 4.79 0.21
						17 Su	0239 0835 1444 2101	4.81 0.58 4.83 0.26
						18 M	0305 0902 1512 2129	4.87 0.56 4.89 0.33
						19 Tu	0336 0932 1544 2200	4.93 0.57 4.91 0.44
						20 W	0411 1004 1621 2232	4.88 0.62 4.86 0.59
						21 Th	0451 1041 1703 2309	4.75 0.71 4.74 0.79
						22 F	0535 1124 1751 2356	4.50 0.91 4.45 1.04
						23 Sa	0624 1215 1846	1.49 1.12 1.15
						24 Su	0054 0720 1321 1957	1.30 3.88 1.30 3.88
						25 M	0223 0839 1529 2149	1.49 3.69 1.32 3.92
						26 Tu	0435 1024 1712 2311	1.31 3.88 0.87 4.38
						27 W	0539 1131 1809	0.92 4.32 0.36
						28 Th	0007 0628 1222 1857	4.89 0.55 4.79 -0.06
						29 F	0055 0712 1306 1940	5.30 0.25 5.17 -0.33
						30 Sa	0139 0752 1348 2021	5.54 0.07 5.43 -0.42

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# BURNHAM-ON-CROUCH TIDE TABLES 2023

LAT 51°37' N LONG 0°48' E

TIME ZONE UT(GMT/BST) TIMES AND HEIGHTS OF HIGH AND LOW WATERS



October			November			December		
Day	Time	m	Day	Time	m	Day	Time	m
1 Su	0221 0832 1428 2059	5.62 0.00 5.55 -0.35	16 M	0206 0805 1417 2026	4.94 0.58 4.92 0.37	1 W	0208 0821 1422 2036	5.10 0.27 5.23 0.53
2 M	0301 0910 1508 2136	5.53 0.03 5.52 -0.14	17 Tu	0236 0835 1448 2056	4.97 0.56 4.95 0.45	2 Th	0244 0858 1503 2109	4.82 0.45 4.92 0.81
3 Tu	0340 0948 1548 2212	5.31 0.15 5.35 0.15	18 W	0309 0906 1523 2128	4.96 0.57 4.94 0.57	3 F	0318 0937 1545 2145	4.52 0.65 4.55 1.08
4 W	0418 1026 1628 2248	5.00 0.33 5.05 0.49	19 Th	0345 0941 1602 2203	4.86 0.63 4.85 0.73	4 Sa	0354 1020 1630 2227	4.23 0.85 4.18 1.33
5 Th	0457 1106 1711 2325	4.64 0.55 4.66 0.87	20 F	0424 1021 1646 2245	4.68 0.73 4.68 0.92	5 Su	0434 1120 1714 2319	3.96 1.03 3.85 1.52
6 F	0536 1150 1759	4.25 0.79 0.21	21 Sa	0557 1203 1833	4.14 1.05 4.18	6 M	0525 1212 1840	3.73 1.14 3.66
7 Sa	0008 0622 1242 1901	1.18 3.91 1.01 3.79	22 Su	0657 1203 1833	4.14 1.05 4.18	7 Tu	0024 0646 1326 2010	1.64 3.59 1.14 3.73
8 Su	0101 0725 1349 2043	1.47 3.62 1.16 3.58	23 M	0036 0655 1312 1948	1.36 3.89 1.18 4.00	8 W	0142 0830 1438 2112	1.61 3.72 1.02 3.98
9 M	0215 0915 1526 2209	1.58 3.67 1.14 3.75	24 Tu	0158 0812 1507 2128	1.48 3.77 1.13 4.13	9 Th	0257 0930 1536 2200	1.44 4.02 0.82 4.29
10 Tu	0357 1029 1643 2306	1.58 3.83 0.91 4.06	25 W	0353 0951 1641 2242	1.31 3.97 0.75 4.53	10 F	0354 1018 1623 2242	1.19 4.32 0.64 4.57
11 W	0504 1121 1734 2351	1.35 4.16 0.86 4.35	26 Th	0503 1058 1737 2336	0.94 4.41 0.35 4.95	11 Sa	0441 1100 1706 2321	0.96 4.59 0.51 4.81
12 Th	0551 1206 1816	1.10 4.40 0.47	27 F	0554 1150 1824	0.58 4.85 0.05	12 Su	0523 1139 1745 2358	0.76 4.80 0.44 4.97
13 F	0031 0630 1244 1852	0.59 4.89 4.65 3.35	28 Sa	0024 0639 1236 1908	5.27 0.30 5.22 -0.11	13 M	0602 1216 1823	0.63 4.94 0.44
14 Sa	0106 0703 1318 1924	0.75 4.73 4.78 3.31	29 Su	0109 0621 1219 1848	5.44 0.13 5.45 -0.11	14 Tu	0035 0640 1254 1900	5.05 0.55 5.02 4.09
15 Su	0136 0735 1348 1956	0.86 4.63 4.86 3.31	30 M	0050 0703 1301 1927	5.46 0.08 5.52 0.02	15 W	0112 0717 1332 1935	5.06 0.53 5.04 5.09
			31 Tu	0130 0742 1342 2003	5.33 0.13 5.44 0.25			
						16 Th	0149 0754 1412 2012	4.98 0.54 5.00 0.71
						17 F	0228 0834 1454 2051	4.84 0.58 4.90 0.85
						18 Sa	0309 0918 1542 2138	4.66 0.66 4.75 1.01
						19 Su	0354 1009 1634 2231	4.45 0.77 4.57 1.17
						20 M	0445 1109 1734 2335	4.25 0.86 4.41 1.28
						21 Tu	0545 1224 1845	4.10 0.90 4.35
						22 W	0051 0657 1350 2001	1.28 4.07 0.79 4.48
						23 Th	0213 0815 1505 2108	1.12 4.25 0.57 4.74
						24 F	0323 0922 1603 2203	0.84 4.57 0.33 5.01
						25 Sa	0420 1018 1654 2254	0.54 4.94 0.17 5.22
						26 Su	0510 1109 1740 2340	0.31 5.22 0.12 5.31
						27 M	0558 1156 1823	0.17 5.37 0.18
						28 Tu	0024 0643 1241 1903	5.28 0.14 5.38 0.34
						29 W	0106 0726 1324 1940	5.14 0.20 5.26 0.56
						30 Th	0144 0806 1406 2013	4.93 0.34 5.04 0.78
						1 F	0218 0845 1446 2043	4.70 0.51 4.49 1.00
						2 Sa	0250 0922 1525 2117	4.49 0.68 4.49 1.16
						3 Su	0323 1002 1606 2158	4.32 0.83 4.25 1.30
						4 M	0403 1048 1652 2247	4.17 0.94 4.07 1.40
						5 Tu	0450 1141 1746 2344	4.04 1.01 3.97 1.47
						6 W	0548 1240 1848	3.94 1.03 3.97
						7 Th	0048 0659 1342 1954	1.47 3.91 0.98 4.10
						8 F	0155 0815 1441 2055	1.38 4.03 0.87 4.32
						9 Sa	0259 0919 1536 2150	1.22 4.26 0.75 4.58
						10 Su	0357 1014 1628 2239	1.02 4.53 0.63 4.82
						11 M	0450 1103 1716 2327	0.82 4.77 0.56 5.00
						12 Tu	0539 1151 1802	0.64 4.97 0.53
						13 W	0012 0627 1236 1846	5.09 0.51 5.10 0.55
						14 Th	0055 0712 1321 1929	5.09 0.42 5.16 0.61
						15 F	0138 0757 1406 2012	5.04 0.37 5.16 0.69
						16 Sa	0220 0843 1454 2056	4.93 0.36 5.10 0.79
						17 Su	0303 0932 1542 2143	4.88 0.38 5.01 0.88
						18 M	0349 1024 1633 2234	4.66 0.41 4.89 0.95
						19 Tu	0439 1120 1729 2332	4.57 0.46 4.78 1.00
						20 W	0534 1221 1829	4.47 0.50 4.70
						21 Th	0034 0636 1327 1933	1.00 4.44 0.50 4.70
						22 F	0141 0744 1433 2036	0.93 4.49 0.46 4.77
						23 Sa	0249 0851 1535 2134	0.78 4.64 0.39 4.89
						24 Su	0354 0954 1631 2229	0.58 4.84 0.34 5.00
						25 M	0452 1050 1722 2320	0.38 5.02 0.34 5.06
						26 Tu	0545 1142 1809	0.24 5.13 0.41
						27 W	0008 0635 1231 1852	5.05 0.17 5.13 0.53
						28 Th	0052 0721 1317 1930	4.97 0.20 5.03 0.69
						29 F	0132 0804 1356 2003	4.83 0.30 4.85 0.85
						30 Sa	0205 0842 1435 2029	4.67 0.44 4.65 0.98
						31 Su	0233 0915 1508 2057	4.56 0.58 4.49 1.05

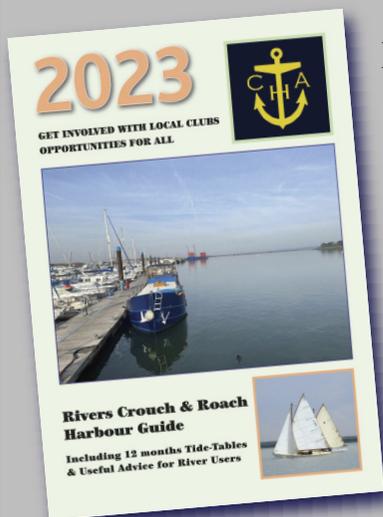
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